

## DMA TRAINING

### LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
See slide 65 in DMA Packette

| <b>Mental Illness<br/>Anxiety Disorders</b>  | <b>Inhalers<br/>Allergy / Asthma</b>                                       | <b>Hyperlipidemia<br/>Statins</b>                              | <b>Diabetes<br/>Endocrine &amp; Metabolic</b>   |
|--|--|--|---|
| Abilify<br>Ativan<br>Clozaril<br>Depakote<br>Haldol<br>Invega<br>Klonopin<br>Lamictal<br>Lithium<br>Risperdal<br>Seroquel<br>Tripleptal<br>Zyprexa | Advair Discus<br>Atrovent<br>Flonase<br>Flovent<br>Loratadine<br>Proventil | Crestor<br>Lipitor<br>Zocor                                    | Apidra<br>Byetta<br>Glucophage<br>Glyburide<br>Lantus<br>Levemir<br>Levothyroxine<br>Novolog<br>Synthroid |
|  |  |  |   |
| <b>Seizures</b>  | <b>Gastrointestinal Disorder<br/>Constipation</b>                          | <b>Blood Pressure Meds</b>                                     | <b>Pain &amp; Inflammation</b>  |
| Dilantin<br>Keppra<br>Neurontin<br>Topamax   | Colace<br>Miralax<br>Prilosec<br>Protonix<br>Zantac                        | HCTZ (hydrochlorothiazide)<br>Lisinopril<br>Toprol<br>Tenormin | Flexeril<br>Motrin<br>Norco<br>Tylenol with Codeine<br>Ultram   |

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

|              |   |
|--------------|---|
| DRUG NAME    | Clozaril  |
| GENERIC NAME | Clozapine   |
| DOSAGE RANGE | oral tablet, disintegrating, oral suspension  |
| HOW TO TAKE  | Take by mouth with or without food  |
| USES         | To reduce the risk of recurrent suicidal behavior in schizophrenia patients.                      |
| SIDE EFFECTS | Blurred vision, confusion, constipation, dizziness, fever, nausea, vomiting, irregular heartbeats |
| WARNINGS     | Clozaril affects your immune system, increase risk of seizures, can cause serious heart problems. |

|              |  |
|--------------|--|
| DRUG NAME    | Lithium  |
| GENERIC NAME | Lithobid   |
| DOSAGE RANGE | 3-4 times a day orally   |
| HOW TO TAKE  | Swallow the tablet whole & do not crush, chew, or break // measure liquid medicine                           |
| USES         | Treatment of manic episodes of bipolar disorder.   |
| SIDE EFFECTS | Acne rash, bloated feeling, change in or loss in testis diameter, full feeling, thinning of hair             |
| WARNINGS     | Lithium is a medication with a narrow range of safety & toxicity can occur if you take more than recommended |

|              |  |
|--------------|--|
| DRUG NAME    | Dilantin   |
| GENERIC NAME | Phenytoin  |
| DOSAGE RANGE | 2-3 times per day orally by tablet or liquid   |
| HOW TO TAKE  | Swallow an extended-release capsule whole → do not <sup>shake liquid first</sup> crush, chew, break, open      |
| USES         | To control seizures  |
| SIDE EFFECTS | drowsiness, confusion, slurred speech, abnormal eye movement, problems with balance                            |
| WARNINGS     | you should not use Dilantin if you also take debarvirine or if allergic to phenytoin. do not take if pregnant. |

|              |  |
|--------------|--|
| DRUG NAME    | NEURONTIN  |
| GENERIC NAME | Gabapentin   |
| DOSAGE RANGE | 3 times a day orally   |
| HOW TO TAKE  | 3 take with/without food. If <del>max</del> take half then other half next dose                    |
| USES         | Used in adults to treat neuropathic pain, is also used to treat seizures in adults and children    |
| SIDE EFFECTS | drowsiness, dizziness, loss of coordination, tiredness, blurred/double vision                      |
| WARNINGS     | Do not stop taking Neurontin suddenly, even if you feel fine, can cause life threatening problems. |

|              |   |
|--------------|---|
| DRUG NAME    | Seroquel  |
| GENERIC NAME | Quetiapine  |
| DOSAGE RANGE | orally 2x daily   |
| HOW TO TAKE  | Take this medicine with a full glass of water, swallow whole <sup>crush, break</sup> do not |
| USES         | is used to treat bipolar disorder (manic depression) to treat Schizoaffective               |
| SIDE EFFECTS | constipation, drowsiness, upset stomach, tiredness, weight gain, blurred vision             |
| WARNINGS     | never take Seroquel in larger amounts, or for longer than recommended by doctor             |

|              |   |
|--------------|---|
| DRUG NAME    | <del>Olanzapine</del> Olanzapine  |
| GENERIC NAME | Zyprexa   |
| DOSAGE RANGE | orally 1x day // PO QD  |
| HOW TO TAKE  | To treat psychotic conditions such as schizophrenia and bipolar disorder                            |
| USES         | Place tablet in your mouth & allow it to dissolve without chewing. Swallow <sup>several</sup> times |
| SIDE EFFECTS | dizziness, <del>fatigue</del> stress, unusual behavior, depression, weakness, constipation          |
| WARNINGS     | not approved for use in older adults with dementia-related psychosis                                |

|              |  |
|--------------|--|
| DRUG NAME    | Mirtazapine  |
| GENERIC NAME | <del>Remeron</del> Remeron   |
| DOSAGE RANGE | Orally 1x daily // PO QID  |
| HOW TO TAKE  | Take the medicine at the same time each day. Usually medicine let tablet dissolve                          |
| USES         | is a antidepressant used to treat major depressive disorder  |
| SIDE EFFECTS | dizziness, drowsiness, lightheadedness, increased appetite, weight gain, dry mouth <sup>constipation</sup> |
| WARNINGS     | You should not take mirtazapine if you are also taking a tryptophan  |

|              |   |
|--------------|---|
| DRUG NAME    | Montelukast   |
| GENERIC NAME | Singulair   |
| DOSAGE RANGE | Orally once a day // PO QID   |
| HOW TO TAKE  | Swallow the regular tablet whole with a glass of water. Chew the chewable tablet                              |
| USES         | to prevent <del>asthma attacks</del> <sup>attacks</sup> in adults & children. Also to treat seasonal allergic |
| SIDE EFFECTS | fever, upper respiratory infection, headache, sore throat, cough, stomach pain                                |
| WARNINGS     | Tell doctor right away if you have signs of blood vessel inflammation / flu like symptoms                     |

|              |  |
|--------------|--|
| DRUG NAME    | Haldol - haloperidol   |
| GENERIC NAME | Haloperidol  |
| DOSAGE RANGE | 0.5 - 20mg PO tablet 5mg - 100mg injectable  |
| HOW TO TAKE  | Tablets and solution are usually taken 1 or 2 times per day  |
| USES         | antipsychotic medicine used to treat schizophrenia // control motor & psychiatric <sup>radiation</sup> |
| SIDE EFFECTS | dizziness, lightheadedness, drowsiness, difficulty urinating, sleep disturbances.                      |
| WARNINGS     | Haldol is not approved for use in older adult with dementia-related <sup>psychosis</sup>               |

|              |  |
|--------------|--|
| DRUG NAME    | Lorazepam  |
| GENERIC NAME | Ativan   |
| DOSAGE RANGE | 1mg - 20mg PO  |
| HOW TO TAKE  | taken everyday at regular times or as a PRN  |
| USES         | to treat anxiety disorder  |
| SIDE EFFECTS | drowsiness, dizziness, tiredness, weakness, dry mouth, diarrhea, nausea  |
| WARNINGS     | Fatal side effects can occur if you take with alcohol, opioid medicine, or other drugs that cause drowsiness or slow breathing |