

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan ✓ Clozaril Depakote Haldol Invega Klonopin ✓ Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent ✓ Flonase ✓ Flovent Loratadine Proventil	Crestor Lipitor ✓ Zocor	Apidra Byetta Glucophage Glyburide Lantus ✓ Levemir Levothyroxine Novolog Synthroid ✓
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin ✓ Topamax	Colace ✓ Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril ✓ Toprol Tenormin	Flexeril Motrin ✓ Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1

2021

DMA Code #2

1842

DMA Code #3

1998

DRUG NAME	Motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	every 4 to 6 hours 6 tabs / 24 hours
HOW TO TAKE	orally 1-2 tabs every 4-6 hours
USES	to reduce pain/inflammation, fever
SIDE EFFECTS	Nausea, abdominal pain, dizziness.
WARNINGS	don't take while pregnant.

DRUG NAME	Lipitor
GENERIC NAME	Atorvastatin
DOSAGE RANGE	10-20mg per day Max 80mg / day
HOW TO TAKE	orally
USES	treat high cholesterol
SIDE EFFECTS	headache, nausea, diarrhea
WARNINGS	acute renal failure don't take while pregnant or liver disease

DRUG NAME	Synthroid
GENERIC NAME	levothyroxine
DOSAGE RANGE	25mcg - 300mcg
HOW TO TAKE	orally
USES	treat hypothyroidism
SIDE EFFECTS	appetite increase, insomnia, fever, nausea
WARNINGS	not used to treat obesity; or taken w/certain medical conditions.

DRUG NAME	Lantus
GENERIC NAME	Insulin glargine
DOSAGE RANGE	100 units per mL
HOW TO TAKE	Sliding scale ^{scale} up to 10 units per day
USES	used to improve blood sugar
SIDE EFFECTS	low blood sugar, itching, mild skin rash.
WARNINGS	do not use if allergic to insulin or if hypoglycemia

DRUG NAME	Flonase
GENERIC NAME	fluticasone propionate
DOSAGE RANGE	1-2 actuations in each nostril daily
HOW TO TAKE	nasal spray
USES	relieving allergic rhinitis symptoms
SIDE EFFECTS	headache, nasal burning, cough, Diarrhea
WARNINGS	don't use if on desmopressin

DRUG NAME	Klonopin
GENERIC NAME	Clonazepam
DOSAGE RANGE	0.5mg - 2mg
HOW TO TAKE	orally
USES	treat certain seizure disorders.
SIDE EFFECTS	drowsiness, dizziness, tired, depressed
WARNINGS	Addiction, Abuse, misuse, dependence and withdrawal reactions.

DRUG NAME	Neurontin
GENERIC NAME	Gabapentin
DOSAGE RANGE	Capsules tablets ^{50mg/ml} Solution / 100mg; 300mg; 400mg
HOW TO TAKE	orally
USES	treat partial seizures in adults and children
SIDE EFFECTS	fever, chills, headache, double vision
WARNINGS	Can cause life threatening breathing problems

DRUG NAME	Ativan
GENERIC NAME	Lorazepam
DOSAGE RANGE	Tab 0.5mg 1mg 2mg; Inj 2mg/ml 4mg/ml
HOW TO TAKE	2-3mg per day taper dose gradually
USES	treat anxiety disorder
SIDE EFFECTS	dizziness, drowsiness, weakness
WARNINGS	Can slow or stop your breathing.

DRUG NAME	Colace
GENERIC NAME	Docusate Sodium
DOSAGE RANGE	50-300mg/day divided daily or twice daily
HOW TO TAKE	oral capsule
USES	laxative for softening stool
SIDE EFFECTS	diarrhea diarrhea, abdominal cramps, rash
WARNINGS	may occur but none reported Avoid mineral oil

DRUG NAME	Lisinopril
GENERIC NAME	generic (Lisinopril) Zestril brand name
DOSAGE RANGE	Tab 2.5mg - 40mg; max 40mg daily
HOW TO TAKE	orally
USES	treat high blood pressure
SIDE EFFECTS	dizziness, hypotension, headache
WARNINGS	fetal toxicity.