

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 2032

DMA Code #2 1981

DMA Code #3 2222

DRUG NAME	Clozaril
GENERIC NAME	clozapine
DOSAGE RANGE	adult 150mg-300mg bid
HOW TO TAKE	PO
USES	Schizophrenia
SIDE EFFECTS	hypotension, dizziness, headache, tremor, constipation
WARNINGS	Severe neutropenia, seizures, bradycardia, syncope

DRUG NAME	Flonase Allergy Relief
GENERIC NAME	fluticasone propionate nasal
DOSAGE RANGE	10 50mcg
HOW TO TAKE	1-2 actuations in each nostril qd
USES	allergic rhinitis
SIDE EFFECTS	headache, cough, nasal burning
WARNINGS	Contraindicated - open nasal wounds. Caution - TB

* No Black box

DRUG NAME	Lipitor
GENERIC NAME	atorvastatin
DOSAGE RANGE	10mg-80mg
HOW TO TAKE	PO Titrate as needed q 1-2 wk. Max 80mg/day
USES	hypercholelemia, mixed dyslipidemia
SIDE EFFECTS	URI, headache, diarrhea, nausea
WARNINGS	Serious reactions: myopathy, pancreatitis, diabetes mellitus

* No black box

DRUG NAME	Byetta
GENERIC NAME	exenatide
DOSAGE RANGE	5-10 mcg SC bid
HOW TO TAKE	inject subcutaneous w/ 1hr before AM+PM meals
USES	diabetes mellitus, type 2
SIDE EFFECTS	nausea, vomiting, diarrhea, hypoglycemia, headache
WARNINGS	contraindicated - diabetes mellitus type 1, pancreatitis

* No black box

DRUG NAME	Topamax
GENERIC NAME	topiramate
DOSAGE RANGE	15mg-200mg
HOW TO TAKE	PO Titrate up to max dose, taper to discontinue
USES	seizures, migraine prophylaxis, alcohol dependence
SIDE EFFECTS	fatigue, diarrhea, anorexia, insomnia, tremor
WARNINGS	withdrawal seizures if stopped abruptly

* No black box

DRUG NAME	Colace
GENERIC NAME	docusate sodium
DOSAGE RANGE	50-300mg
HOW TO TAKE	PO qd-bid prn
USES	emollient laxative for softening stool
SIDE EFFECTS	diarrhea, abdominal cramps, electrolyte disorders
WARNINGS	appendicitis, fecal impaction, bowel obstruction

* No black box

DRUG NAME	Prilosec
GENERIC NAME	omeprazole
DOSAGE RANGE	10-40mg
HOW TO TAKE	PO before meals
USES	GERD, gastric ulcer, H-pylori infection
SIDE EFFECTS	headache, nausea, abdominal pain, flatulence
WARNINGS	caution if hepatic impairment, hypomagnesemia

* No black box

DRUG NAME	Toprol-XL
GENERIC NAME	metoprolol succinate
DOSAGE RANGE	25-200mg
HOW TO TAKE	PO
USES	hypertension, angina, heart failure w/ reduced EF
SIDE EFFECTS	fatigue, dizziness, depression, rash, dyspnea
WARNINGS	* Avoid abrupt cessation = severe angina exacerbation and ventricular arrhythmias

DRUG NAME	Motrin IB
GENERIC NAME	ibuprofen
DOSAGE RANGE	200-800mg
HOW TO TAKE	PO w/ food if GI upset occurs
USES	NSAID for reducing pain/inflammation, fever
SIDE EFFECTS	GI bleeding, MI, stroke, HTN, CHF
WARNINGS	Caution if recent MI, hx stroke, HTN, CHF

* No black box contraindicated = Ketorolac

DRUG NAME	Ultram - Brand discontinued in US
GENERIC NAME	tramadol
DOSAGE RANGE	50-300mg
HOW TO TAKE	PO
USES	pain, moderate/severe
SIDE EFFECTS	dizziness, nausea, constipation, flushing, headache
WARNINGS	Addiction, Abuse, Misuse, Respiratory depression