

NICK



# CULTURE OF GENTLENESS - TEST

- 1. The purpose of our presence in the lives of others is to nurture, teach and sustain the experience of companionship, connectedness and community.  
 True                       False
  
- 2. Which of the following are examples of lessening a demand on another?
  - a. Ask permission.
  - b. Respect the Person's sense of space.
  - c. Speak softly.
  - d. Make your presence welcoming and non-threatening.
  - e. All of the above.
  
- 3. One way to help ease a transition period for an individual, is to be very strict with your demands, and stay to your plan of action, regardless of what the consumer wants.  
 True                       False
  
- 4. Examples of positive interactions with another person would be;
  - a. Spending time with another person without creating demands on them.
  - b. Listening without judgement.
  - c. Being supportive to another in their difficult time.
  - d. All of the above.
  
- 5. One of the pillars of the culture of gentleness is to help a person feel loved and valued.  
 True                       False
  
- 6. The use of structure and schedule boards can reduce the demands on an individual, that contribute to them feeling unsafe.  
 True                       False

Employee Name	<u>Nicholas Allen</u>
Job Title/Job Site	<u>Stanton</u>
Presenting Supervisor/Instructor	Date: