



**Certificate of Completion**  
**IS HEREBY GRANTED TO**

\_\_\_\_\_  
Cristoval Sanchez

NAME

TO CERTIFY THAT THEY HAVE COMPLETED TO SATISFACTION IN

\_\_\_\_\_  
Initial Medical Training

TYPE OF TRAINING

8/5/21

COMPLETION DATE

\_\_\_\_\_  
*T. Vengard*

TRAINER SIGNATURE

Cristovag  
Sanchez

### INITIAL MEDICAL TRAINING TEST

1. T  F\_\_\_ It is important to report and record any change in physical condition or behavior of a resident.
2. If a person has a seizure, you should:
  - a) keep the person safe and free from injury by laying them down with something soft
  - b) time the seizure and provide first aid as necessary once the seizure is over
  - c) loosen restrictive clothing
  - d)  all of the above
3. T  F  The circulatory system is made up of the blood, heart, and the brain.
4. The primary purpose of the respiratory system is to:
  - a) supply oxygen to the tissue cells and eliminate carbon dioxide waste from the cells
  - b) bring food and nutrients to the tissue cells
  - c)  both a and b
  - d) none of the above
5. T  F\_\_\_ People with dysphagia have difficulty swallowing and may experience pain while swallowing.
6. T  F\_\_\_ Food pieces that are too large for swallowing may enter the throat and block the passage of air, causing a person with dysphagia to not be able to swallow safely.
7. T  F\_\_\_ If a resident is choking you should call 911.
8. T\_\_\_ F  You can modify a diet without a physician's order or a behavior plan.
9. T  F\_\_\_ Food or liquid that stays in the airway may enter the lungs and allow harmful bacteria to grow, resulting in a lung infection called aspiration pneumonia.
10. T\_\_\_ F  Dysphagia is not serious. An individual with dysphagia will still be able to take in enough of the right foods to stay healthy.
11. T\_\_\_ F  A regular diet is not subject to dietary restrictions.
12. T  F\_\_\_ A mechanical soft diet is used for individuals who have difficulty chewing regular textured foods.
13. T  F\_\_\_ Foods that are difficult for the individual to chew are chopped, ground, shredded and/or soft cooked to facilitate chewing and ease of swallowing, this is called a mechanical soft diet.

14. The musculoskeletal system is comprised of:
- a) sclera, retina, and cornea
  - b) bones, ligaments, joints, and muscles, and tendons
  - c) both a and b
  - d) none of the above
15. The endocrine system regulates the function of the
- a) central nervous system
  - b) the entire body
  - c) the respiratory system
  - d) none of the above
16. T  F \_\_\_ Diabetes comes in two forms, Type I and Type II.
17. One of the most common diseases of the endocrine system is:
- a) diabetes
  - b) phlebitis
  - c) endocarditis
  - d) myocarditis
18. T  F \_\_\_ It is important to wear gloves when coming in contact with blood or body fluids.
19. T  F \_\_\_ After removing disposable gloves it is important to wash your hands.
20. What are the parameters for vital signs?
- a) Temp: 96-99
  - b) Pulse: 50-100
  - c) Respirations: 12-20
  - d) Blood pressure 90/50 - 160/90
21. T  F \_\_\_ Behavioral changes can be due to a medical issue.
22. T \_\_\_ F  If a seizure lasts 3 minutes long and the resident does not have a history of seizures there is no need to follow up with a physician at this time.
23. T  F \_\_\_ It is a resident's right to refuse medical treatment, but if you as a staff feel that it is a medical emergency you should call 911 and let the resident refuse to the paramedics.