Sonia Arrizez

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	**Gastrointestinal Disorder Constipation**	**Blood Pressure Meds**	**Pain & Inflammation**
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydorchlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 0630 DMA Code #2 1001 DMA Code #3 7607

DRUG NAME	Depakote
GENERIC NAME	Divalproex Sodium
DOSAGE RANGE	125mg, 250mg, 500 mg
HOW TO TAKE	By mouth with food
USES	Seizures, bipolar migraine
SIDE EFFECTS	Drowsiness, nausea, abdominal pain, diarrhea
WARNINGS	Hepatotoxicity, fetal Risk, Pancreatitis

DRUG NAME	Flonase
GENERIC NAME	Fluticasone Propionate nasal
DOSAGE RANGE	1 Spray in each nostril
HOW TO TAKE	Spray in each nostril
USES	relieves allergy Symptoms
SIDE EFFECTS	nose bleed, headache, sinus pain, nausea, vomitting
WARNINGS	Minor nose bleed, vomiting, Sinus pain.

DRUG NAME	Zocor
GENERIC NAME	Simvastain
DOSAGE RANGE	5mg, 10mg, 20mg, 40mg, 80mg
HOW TO TAKE	take on a empty stomach
USES	lower bad cholesterol
SIDE EFFECTS	heart burn, stomach pain, constipation, Jaundice
WARNINGS	Kidney failure

DRUG NAME	Synthroid
GENERIC NAME	levothyroxine
DOSAGE RANGE	25mcg - 300mcg
HOW TO TAKE	take on a empty stomach and Drink water
USES	treat low thyroid hormone
SIDE EFFECTS	Chest pain, Shortness of breath, headache
WARNINGS	Not for obesity or weight loss

DRUG NAME	Neurontin
GENERIC NAME	gabapentin
DOSAGE RANGE	CAP 100, 300, 400 mg TAB 600, 800 mg SOL 50 mg
HOW TO TAKE	with or with at food, by mouth
USES	treats Seizures
SIDE EFFECTS	Fever, Chills, Jerky movements, tremors
WARNINGS	Can cause life threatening breathing issues

DRUG NAME	MiraLax
GENERIC NAME	Polyethylene glycol 3350
DOSAGE RANGE	1 Capfull
HOW TO TAKE	by mouth
USES	relieving constipation
SIDE EFFECTS	nausea, cramping, diarrhea
WARNINGS	electrolyte disorder, laxative dependence

DRUG NAME	Tenamin
GENERIC NAME	atenolol
DOSAGE RANGE	Tablet 25mg, 50mg 100 mg
HOW TO TAKE	by mouth
USES	treat chest pain, high blood pressure
SIDE EFFECTS	Dizziness, Shortness of breath, Swelling
WARNINGS	Abrupt cessation;

DRUG NAME	Motrin
GENERIC NAME	ibuprofen
DOSAGE RANGE	1-2 Caps
HOW TO TAKE	by mouth
USES	reducing inflamation/pain/fever
SIDE EFFECTS	headache, nausea, rash, drowsiness
WARNINGS	Stroke, hepatotoxicity

DRUG NAME	Norco
GENERIC NAME	hydrocodone/acetaminophen
DOSAGE RANGE	Tab 5mg/325mg 7.5mg/325mg 10mg/325mg
HOW TO TAKE	by mouth
USES	relieve severe pain
SIDE EFFECTS	vomiting, stomach pain, drowsiness
WARNINGS	Jaundice, light headed, dark urine

DRUG NAME	Levemir
GENERIC NAME	insulin detemir
DOSAGE RANGE	INJ 100 units per ML
HOW TO TAKE	injection
USES	lowering levels of sugar in blood
SIDE EFFECTS	low blood sugar, swelling hands or feet
WARNINGS	Fluid retention, low potassium