

## DMA TRAINING

### LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan ✕ Clozaril Depakote † Haldol Invega ✕ Klonopin † Lamictal Lithium † Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase † Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax ✕	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril ✕ Toprol ✕ Tenormin	Flexeril Motrin Norco ✕ Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1

1980

DMA Code #2

2001

DMA Code #3

1949

DRUG NAME	<del>Clonazepam</del> Clonazepam (Benzodiazepine)
GENERIC NAME	Klonopin
DOSAGE RANGE	Adult: 2mg, 1mg, 0.5mg Peds: 2mg, 1mg, 0.5mg
HOW TO TAKE	Orally
USES	seizure disorder, panic disorder, anxiety, restless leg syndrome...
SIDE EFFECTS	drowsiness, dizziness, feeling tired or depressed, memory problems...
WARNINGS	Risks from concomitant opioid use: Addiction, Abuse, misuse; Dependence and withdrawal Reactions

DRUG NAME	hydrocodone / Acetaminophen
GENERIC NAME	Norco
DOSAGE RANGE	Adult: 5mg/325mg, 7.5mg/325mg, 10mg/325mg
HOW TO TAKE	Orally
USES	Pain, moderate-severe, renal dosing, hepatic dosing
SIDE EFFECTS	dizziness, drowsiness, feeling tired; nausea, vomiting, stomach pain...
WARNINGS	Medication Error Risk; Addiction, Abuse, and misuse; Opioid Analgesic BEMS

DRUG NAME	Fluticasone Propionate nasal (corticosteroid)
GENERIC NAME	Flonase
DOSAGE RANGE	4-11yo: 1 actuation in each nostril/day 12yo and older: 2 actuations in each nostril/day
HOW TO TAKE	spray in each nostril
USES	nasal polyp tx
SIDE EFFECTS	headaches, nasal burning, nausea, diarrhea, dizziness...
WARNINGS	<del>growth</del> growth suppression

DRUG NAME	Divalproex sodium
GENERIC NAME	Depakote
DOSAGE RANGE	Adult: 125mg, 250mg, 500mg Peds: 125mg, 250mg, 500mg
HOW TO TAKE	Orally
USES	Partial seizures, Absence seizures, bipolar disorder...
SIDE EFFECTS	headache, weight changes, constipation, insomnia, rash, depression...
WARNINGS	Pancreatitis, Fetal risk, Hepatotoxicity...

DRUG NAME	Topiramate
GENERIC NAME	<del>Topamax</del> Topamax
DOSAGE RANGE	Sprinkle cap: 15mg, 25mg; Tab: 25mg, 50mg, 100mg, 200mg
HOW TO TAKE	Orally
USES	Partial seizures, seizures, migraine headaches...
SIDE EFFECTS	dizziness, anorexia, abdominal pain, weight loss...
WARNINGS	Suicidal Behavior and ideation, Kidney stones, serious skin rash...

DRUG NAME	metoprolol succinate
GENERIC NAME	Toprol-XL
DOSAGE RANGE	25mg, 50mg, 100mg, 200mg
HOW TO TAKE	orally
USES	HTN, angina, Heart failure, migraine headache
SIDE EFFECTS	dizziness, diarrhea, depression, nightmares, sleep disturbance
WARNINGS	Avoid Abrupt Cessation

DRUG NAME	lorazepam
GENERIC NAME	Ativan
DOSAGE RANGE	Tab: 0.5mg, 1mg, 2mg; INJ: 2mg/mL, 4mg/mL
HOW TO TAKE	orally
USES	insomnia, anxiety, status epilepticus, nausea/vomiting...
SIDE EFFECTS	sedation, amnesia, confusion, appetite changes, hypotension...
WARNINGS	Risks <del>of</del> from concomitant opioid use, addiction, abuse, and misuse...

DRUG NAME	(Eskalith, Lithobid)
GENERIC NAME	Lithium
DOSAGE RANGE	Cap: 150mg, 300mg, 600mg; TAB: 300mg; ER TAB: 300mg, 450mg; SOL: 500mg, 600mg
HOW TO TAKE	orally
USES	Bipolar I disorder, schizoaffective disorder
SIDE EFFECTS	Tremor, weight gain, vomiting, diarrhea, nausea, blurred vision
WARNINGS	Lithium Toxicity

DRUG NAME	ACE inhibitor
GENERIC NAME	Lisinopril
DOSAGE RANGE	2.5mg, 5mg, 10mg, 20mg, 30mg, 40mg
HOW TO TAKE	orally
USES	Heart failure, MI, migraine headache
SIDE EFFECTS	dizziness, cough, pancreatitis, fatigue, URI, headache...
WARNINGS	Fetal Toxicity

DRUG NAME	Paliperidone
GENERIC NAME	Invega
DOSAGE RANGE	1.5mg, 3mg, 6mg, 9mg
HOW TO TAKE	orally
USES	schizophrenia, schizoaffective disorder
SIDE EFFECTS	seizures, headaches, weight gain, nausea, sleep disorder...
WARNINGS	Dementia-Related Psychosis