Lynn Rogers
5/11/21

Northern Lakes Community Mental Health Authority

Working With People 1 and 2 Test Form C April 2020

Please complete the following questions.

1. What is the Central Purpose of care giving?
To Kindly teach them to care for themselves, make friendships, and help them to be there best selves

2. List the "Four Pillars" of Companionship.
make them fill safe and loved, listen to them and interact with them

3. What are two actions that would tell us that a person is feeling "fear"? crying, hiding

4. What are two ways we could tell that a person feels "safe"? feels relaxed, laughing

5. What are the "Four Tools"?

eyes
words/speech tone
hands
being present

6. List four ways to show someone that they are "loved"

encourage them, praise them, comfort/hugs
spending time with them.

7. Give an example of Gifts and Vulnerabilities.

Good intuition impatience

8. What are the "six elements"

Safe
transition
Demands
structure
transition
Love

9. How does one's "history" affect how they react and behave today? a person could have had some traumatic experience that will affect them.

10. What does it mean to be integrated in the community? to become part of the community, do community activities, and build relationships

11. What does it mean to be 'pro-active" in regards to challenging behavior?

Help a person before the behavior becomes too bad.