

Deborah Mejia

DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 2021

DMA Code #2 1978

DMA Code #3 2002

DRUG NAME	Abivran
GENERIC NAME	Lorazepam
DOSAGE RANGE	Tab 0.5 mg / 2 mg INJ 2 mg Per ml / 4 mg Per ml
HOW TO TAKE	Oral / Injectable
USES	Anxiety, insomnia, short term tx, status epilepticus
SIDE EFFECTS	Sedation, dizziness, asthenia, ataxia, respiratory Depression.
WARNINGS	Addiction, Abuse, And Misuse

DRUG NAME	Clozaril
GENERIC NAME	Clozapine
DOSAGE RANGE	Tab 25 mg, 100 mg
HOW TO TAKE	Oral Tab
USES	Schizophrenia, tx-resistant, suicide prevention, Schizophrenia-associated
SIDE EFFECTS	hyperglycemia, weight gain, drowsiness, dizziness
WARNINGS	Severe Neutropenia, orthostatic Hypotension, Bradycardia.

DRUG NAME	Lithium
GENERIC NAME	Lithobid / Eskalith
DOSAGE RANGE	CAP 150 mg, 300 mg, 600 mg, TAB. 300 mg, 450 mg, Sol 8 mEq Per 5ml
HOW TO TAKE	oral
USES	Bipolar I disorder
SIDE EFFECTS	Tremor, Polyuria, Polydipsia, weight gain, diarrhea, vomiting
WARNINGS	Lithium Toxicity

DRUG NAME	Flonase
GENERIC NAME	
DOSAGE RANGE	2 actuations in each nostril bid, Max 4 actuations in each day
HOW TO TAKE	nasal spray
USES	Corticosteroid for relieving allergic rhinitis symptoms
SIDE EFFECTS	headache, URI sx, epistaxis, nasal burning, nasal irritation
WARNINGS	

DRUG NAME	Synthroid
GENERIC NAME	Levothyroxine
DOSAGE RANGE	Tab 25 mcg, 50 mcg, 75 mcg, 88 mcg, 100 mcg, 112 mcg, 125, 137, 150, 175
HOW TO TAKE	oral Tab
USES	Hypothyroidism, TSH suppression
SIDE EFFECTS	Palpitations, appetite incr, tachycardia, nervousness
WARNINGS	Not for obesity / weight loss

NAME	Colace
GENERIC NAME	Docusate
DOSAGE RANGE	50-300 mg/day PO divided qd-bid pm
HOW TO TAKE	oral capsule Sodium
USES	Emollient laxative for softening stool
SIDE EFFECTS	Diarrhea, abdominal cramps, throat irritation, rash
WARNINGS	

DRUG NAME	Prilosec
GENERIC NAME	omeprazole
DOSAGE RANGE	Cap 10mg, 20mg, 40mg, DR Granule 10mg Per pkt
HOW TO TAKE	oral cap / DR Granule
USES	Gastric ulcer, duodenal ulcer, hypersecretory conditions
SIDE EFFECTS	Headache, abdominal pain, nausea, diarrhea, vomiting
WARNINGS	

DRUG NAME	Motrin
GENERIC NAME	ibuprofen / diphenhydramine
DOSAGE RANGE	2 Tabs PO qhs pm Max 2 tabs / 24h
HOW TO TAKE	oral Tab
USES	Promoting sleep, reducing pain / inflammation, fever
SIDE EFFECTS	ibuprofen - abdominal pain diphenhydramine blurred vision
WARNINGS	

DRUG NAME	Norco
GENERIC NAME	Hydrocodone / Acetaminophen
DOSAGE RANGE	Tab 5 mg / 325 mg, 7.5 mg / 325 mg, 10 mg / 325 mg
HOW TO TAKE	oral Tab
USES	Pain, moderate - mod. severe
SIDE EFFECTS	lightheadedness, dizziness, sedation, nausea, vomiting
WARNINGS	Addiction, Abuse, and Misuse Respiratory depression

DRUG NAME	Seroquel
GENERIC NAME	quetiapine
DOSAGE RANGE	Tab 25 mg, 50 mg, 100 mg, 200 mg, 300 mg, 400 mg
HOW TO TAKE	oral Tab
USES	schizophrenia, bipolar I disorder, Anxiety disorder
SIDE EFFECTS	Somnolence, Xerostomia, dizziness, weight gain
WARNINGS	Dementia-Related Psychosis, suicidality