

Chloe Davis
 June 9th 2021
 Saginaw Home!

DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
 See slide 65 in DMA Packette

| Mental Illness Anxiety Disorders | Inhalers Allergy / Asthma | Hyperlipidemia Statins | Diabetes Endocrine & Metabolic |
|--|--|--|---|
| Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa | Advair Discus Atrovent Flonase Flovent Loratadine Proventil | Crestor Lipitor Zocor | Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid |
| | | | |
| Seizures | Gastrointestinal Disorder Constipation | Blood Pressure Meds | Pain & Inflammation |
| Dilantin Keppra Neurontin Topamax | Colace Miralax Prilosec Protonix Zantac | HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin | Flexeril Motrin Norco Tylenol with Codeine Ultram |

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

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|--------------|---|
| DRUG NAME | Tylenol with codeine |
| GENERIC NAME | Acetaminophen + codeine phosphate |
| DOSAGE RANGE | 300mg to 600mg 5mg to 10mg (codeine phosphate) |
| HOW TO TAKE | After eating |
| USES | To relieve moderate or severe pain |
| SIDE EFFECTS | nausea, vomiting, constipation, headache, dizziness |
| WARNINGS | in the presence of head injury or other intracranial lesions, the respiratory depressant effects of acetaminophen and other narcotics may be markedly enhanced. |

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|--------------|---|
| DRUG NAME | Topamax |
| GENERIC NAME | topiramate |
| DOSAGE RANGE | Dosage is based on your medical condition + response to treatment |
| HOW TO TAKE | By mouth with or without food as directed by your doctor |
| USES | Sometimes people with bipolar disorders |
| SIDE EFFECTS | Tiredness, drowsiness, dizziness, loss of coordination |
| WARNINGS | Kidney problems, liver problems, mental / mood problems |

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|--------------|--|
| DRUG NAME | Clozaril |
| GENERIC NAME | Clozapine |
| DOSAGE RANGE | 25-100mg |
| HOW TO TAKE | By mouth with or without food |
| USES | lower the risk of suicidal behavior in patients with schizophrenia |
| SIDE EFFECTS | Drooping, dizziness, lightheadedness, headache, shaking |
| WARNINGS | Drug may cause significant weight gain. |

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|--------------|--|
| DRUG NAME | Lipitor |
| GENERIC NAME | atorvastatin |
| DOSAGE RANGE | 10-80mg |
| HOW TO TAKE | take by mouth once a day with or without food. |
| USES | to lower cholesterol |
| SIDE EFFECTS | constipation, nausea, fatigue, gas, headache |
| WARNINGS | muscle pain, joint pain, loss of appetite |

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|--------------|--|
| DRUG NAME | Risperdal |
| GENERIC NAME | Risperidone |
| DOSAGE RANGE | 2 to 3mg per day |
| HOW TO TAKE | Treat bipolar disorder, irritability caused by autism |
| USES | Comes as tablet, a solution (liquid) and an orally disintegrating tablet |
| SIDE EFFECTS | Drowsiness, dizziness, drooping, nausea, weight gain |
| WARNINGS | for increased death in elderly patients |

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|--------------|---|
| DRUG NAME | Dilantin |
| GENERIC NAME | Phenytoin |
| DOSAGE RANGE | 300mg daily |
| HOW TO TAKE | By mouth usually once a day or in divided doses |
| USES | works by slowing down impulses in the brain that cause seizures |
| SIDE EFFECTS | Slurred speech, trouble sleeping, confusion |
| WARNINGS | headaches, nausea, vomiting, constipation |

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|--------------|--|
| DRUG NAME | Colace |
| GENERIC NAME | Docusate |
| DOSAGE RANGE | 50 to 300mg |
| HOW TO TAKE | By mouth, usually at bedtime with a full glass of water, juice |
| USES | is a stool softener, makes bowel movements softer |
| SIDE EFFECTS | Stomach pain, cramping, irritated throat |
| WARNINGS | Rash, Hives, Swelling, severe dizziness, trouble breathing |

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|--------------|---|
| DRUG NAME | Zantac |
| GENERIC NAME | ranitidine |
| DOSAGE RANGE | Maximum strength 150 |
| HOW TO TAKE | Swallow the tablet whole without chewing with or w/o food |
| USES | acid reducer to relieve heartburn, associated with acid digestion |
| SIDE EFFECTS | Stomach pain, constipation, Diarrhea, Fatigue |
| WARNINGS | taken off shelves immediately |

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|--------------|---|
| DRUG NAME | Flexeril |
| GENERIC NAME | Cyclobenzaprine |
| DOSAGE RANGE | most recommended dosage is 5mg |
| HOW TO TAKE | By mouth with or without food. |
| USES | Muscle relaxant |
| SIDE EFFECTS | fast or irregular heartbeat, chest pain or pressure |
| WARNINGS | Should not use if you have a thyroid disorder |

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|--------------|---|
| DRUG NAME | Ultram |
| GENERIC NAME | tramadol |
| DOSAGE RANGE | 50 to 200mg |
| HOW TO TAKE | used to drug treat moderate to severe pain |
| USES | with or without food. |
| SIDE EFFECTS | dry mouth, constipation, dizziness, difficulty sleeping |
| WARNINGS | vomiting, constipation, lightheadedness, headache may occur |