

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

| Mental Illness Anxiety Disorders | Inhalers Allergy / Asthma | Hyperlipidemia Statins | Diabetes Endocrine & Metabolic |
|--|--|--|---|
| Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa | Advair Discus Atrovent Flonase Flovent Loratadine Proventil | Crestor Lipitor Zocor | Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid |
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| Seizures | Gastrointestinal Disorder Constipation | Blood Pressure Meds | Pain & Inflammation |
| Dilantin Keppra Neurontin Topamax | Colace Miralax Prilosec Protonix Zantac | HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin | Flexeril Motrin Norco Tylenol with Codeine Ultram |

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1203

DMA Code #2 1133

DMA Code #3 2021

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|--------------|--|
| DRUG NAME | Abilify |
| GENERIC NAME | Aripiprazole |
| DOSAGE RANGE | 2mg - 30mg |
| HOW TO TAKE | Tablet by mouth |
| USES | used to treat symptoms of psychotic conditions such as schizophrenia and bipolar |
| SIDE EFFECTS | Severe agitation, distress, twitching, seizure, thoughts of suicide, ect. |
| WARNINGS | may increase risk of death in older adults with dementia-related psychosis |

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|--------------|---|
| DRUG NAME | Glucophage |
| GENERIC NAME | Metformin |
| DOSAGE RANGE | 500mg - 1000mg |
| HOW TO TAKE | Tablet by mouth |
| USES | used together with diet and exercise to improve blood sugar control |
| SIDE EFFECTS | Headache, diarrhea, muscle pain, nausea, vomiting, ect. |
| WARNINGS | Too much metformin can cause lactic acidosis |

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|--------------|--|
| DRUG NAME | Zocor |
| GENERIC NAME | Simvastatin |
| DOSAGE RANGE | 5mg - 80mg |
| HOW TO TAKE | Tablet or liquid form Tablet: with or without food liquid: empty stomach |
| USES | lowers blood levels of bad cholesterol and to increase levels of good cholesterol |
| SIDE EFFECTS | URI, headache, abdominal pain, nausea, eczema, ect. |
| WARNINGS | Do not take if you are pregnant or breastfeeding, or have active liver disease |

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|--------------|---|
| DRUG NAME | Flonase |
| GENERIC NAME | Fluticasone |
| DOSAGE RANGE | Adults: 2 actuations in each nasal Max: 4 actuations in each nostril |
| HOW TO TAKE | nasal |
| USES | Corticosteroid for relieving allergic rhinitis symptoms |
| SIDE EFFECTS | Headache, nasal burning, nasal irritation, nausea, vomiting, ect. |
| WARNINGS | Do not use if you have recently had nasal surgery or nasal trauma. |

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|--------------|---|
| DRUG NAME | Topamax |
| GENERIC NAME | Topiramate |
| DOSAGE RANGE | 15mg - 200mg |
| HOW TO TAKE | Tablets or capsules by mouth |
| USES | Treatment for seizures, patients with bipolar disorder |
| SIDE EFFECTS | Metabolic acidosis, dizziness, weight loss, abdominal pain, ect. |
| WARNINGS | May not be safe to breastfeed, can increase the level of acid in your blood |

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|--------------|---|
| DRUG NAME | Colace |
| GENERIC NAME | Docosate Sodium |
| DOSAGE RANGE | 50mg or 100mg |
| HOW TO TAKE | oral capsule |
| USES | emollient laxative for softening stool |
| SIDE EFFECTS | Diarrhea, abdominal cramps, throat irritation, ect. |
| WARNINGS | Overuse of a stool softener can lead to serious medical problems. |

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|--------------|---|
| DRUG NAME | Toprol |
| GENERIC NAME | Metoprolol Succinate |
| DOSAGE RANGE | 25mg - 200mg |
| HOW TO TAKE | Tablet by mouth |
| USES | Beta-blocker that affects the heart + circulation, treats angina + hypertension |
| SIDE EFFECTS | Fatigue, dizziness, diarrhea, rash, depression, ect. |
| WARNINGS | Do not use if you have a serious heart problem (heart block, slow heart rate) |

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|--------------|---|
| DRUG NAME | Norco |
| GENERIC NAME | Hydrocodone |
| DOSAGE RANGE | 5mg/325mg 7.5mg/325mg 10mg/325mg |
| HOW TO TAKE | Tablet or liquid form |
| USES | used to relieve moderate to severe pain |
| SIDE EFFECTS | light-headedness, sedation, nausea, vomiting, ect. |
| WARNINGS | Misuse of opioid medicine can cause addiction, overdose, or death |

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|--------------|--|
| DRUG NAME | Ativan |
| GENERIC NAME | Lorazepam |
| DOSAGE RANGE | 0.5mg, 1mg, 2mg ; Inj: 2mg per mL, 4mg per mL |
| HOW TO TAKE | Tablet or liquid form |
| USES | A benzodiazepine that is used to treat anxiety disorders |
| SIDE EFFECTS | Sedation, dizziness, asthenia, fatigue, constipation, ect. |
| WARNINGS | can slow or stop breathing, especially if you've use an opioid medication. |

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|--------------|--|
| DRUG NAME | Miralax |
| GENERIC NAME | polyethylene glycol 3350 |
| DOSAGE RANGE | 0.2 - 0.8g /kg/dose |
| HOW TO TAKE | oral powder |
| USES | used as a laxative to treat occasional constipation or irregular BM |
| SIDE EFFECTS | nausea, cramping, diarrhea, ect. |
| WARNINGS | Do not take if you have low amount of calcium, sodium, and potassium in the blood. |