Amanda Maran

# DMA TRAINING
## LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]
See slide 65 in DMA Packette

| Mental Illness<br>Anxiety Disorders | Inhalers<br>Allergy / Asthma | Hyperlipidemia<br>Statins | Diabetes<br>Endocrine & Metabolic |
|---|---|---|---|
| Abilify<br>Ativan<br>Clozaril<br>Depakote<br>Haldol<br>Invega<br>Klonopin<br>Lamictal<br>Lithium<br>Risperdal<br>Seroquel<br>Tripleptal<br>Zyprexa | Advair Discus<br>Atrovent<br>Flonase<br>Flovent<br>Loratadine<br>Proventil | Crestor<br>Lipitor<br>Zocor | Apidra<br>Byetta<br>Glucophage<br>Glyburide<br>Lantus<br>Levemir<br>Levothyroxine<br>Novolog<br>Synthroid |
| | | | |
| **Seizures** | **Gastrointestinal Disorder<br>Constipation** | **Blood Pressure Meds** | **Pain & Inflammation** |
| Dilantin<br>Keppra<br>Neurontin<br>Topamax | Colace<br>Miralax<br>Prilosec<br>Protonix<br>Zantac | HCTZ (hydorchlorothiazide)<br>Lisinopril<br>Toprol<br>Tenormin | Flexeril<br>Motrin<br>Norco<br>Tylenol with Codeine<br>Ultram |

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

① 2120 ② 3860 ③ 8456

Amanda M.

| | |
|---|---|
| DRUG NAME | Norco |
| GENERIC NAME | Hydrocodone |
| DOSAGE RANGE | 5mg / 325mg |
| HOW TO TAKE | by mouth |
| USES | pain reliver |
| SIDE EFFECTS | dizziness, Sedation, nausea, vomiting |
| WARNINGS | has a risk for abuse and addiction, overdose, breathing problems |

| | |
|---|---|
| DRUG NAME | Topamax |
| GENERIC NAME | Topiramate |
| DOSAGE RANGE | 25mg 50mg 75mg 100mg 150mg 200mg |
| HOW TO TAKE | Take by mouth |
| USES | Bipolar disorder, Depression, Seizures. |
| SIDE EFFECTS | Tiredness, drowsiness, dizziness, loss of appetite, diarrhea, weight loss |
| WARNINGS | Cold Cause a very serious eye problem |

| | |
|---|---|
| DRUG NAME | Lithium |
| GENERIC NAME | Lithobid or Eskalith |
| DOSAGE RANGE | 1.0 and 1.5 |
| HOW TO TAKE | by mouth and liquid |
| USES | Bipolar Disorder and Schizoaffective Disorder |
| SIDE EFFECTS | Headache, nausea or vomiting, Diarrhea, Dry mouth, Dizziness |
| WARNINGS | |

| | |
|---|---|
| DRUG NAME | Abilify |
| GENERIC NAME | Aripiprazole |
| DOSAGE RANGE | 10mg 15mg |
| HOW TO TAKE | take by mouth |
| USES | Treat Schizophrenia, helps with moods and behaviors. |
| SIDE EFFECTS | Vomiting, constipation, headache, dizziness, anxiety, restlessness |
| WARNINGS | frequent urination |

| | |
|---|---|
| DRUG NAME | Ultram |
| GENERIC NAME | Tramadol |
| DOSAGE RANGE | 50mg |
| HOW TO TAKE | Constipation, nausea, vomiting, stomach pain, dizziness |
| USES | to treat Chronic pain |
| SIDE EFFECTS | Take by mouth |
| WARNINGS | |

Amanda Marari

| | |
|---|---|
| DRUG NAME | Ativan |
| GENERIC NAME | lorazepam |
| DOSAGE RANGE | 0.5 mg 1 mg 2 mg |
| HOW TO TAKE | by mouth |
| USES | anxiety |
| SIDE EFFECTS | Dizziness, weakness, confusion, constipation |
| WARNINGS | Change in sexual interest/ability. blurred vision |

| | |
|---|---|
| DRUG NAME | Depakote |
| GENERIC NAME | Divalproex |
| DOSAGE RANGE | 50mg 150mg 500mg |
| HOW TO TAKE | by ~~mouth~~ Mouth |
| USES | to treat seizure disorders, certain psychiatric conditions |
| SIDE EFFECTS | Diarrhea, dizziness, drowsiness, hair loss, blurred/double vision |
| WARNINGS | |

| | |
|---|---|
| DRUG NAME | Toprol |
| GENERIC NAME | metoprolol |
| DOSAGE RANGE | 25mg 100mg |
| HOW TO TAKE | by mouth |
| USES | Chest pain, heart failure, high blood pressure |
| SIDE EFFECTS | dizziness, tiredness, depression, nausea, dry mouth, stomach pain |
| WARNINGS | Very slow heartbeat, trouble breathing, weight gain |

| | |
|---|---|
| DRUG NAME | flexeril |
| GENERIC NAME | cyclobenzaprine |
| DOSAGE RANGE | 5mg 10mg |
| HOW TO TAKE | Take by mouth |
| USES | to treat muscle spasms |
| SIDE EFFECTS | dry mouth, headache, blurred vision, dizziness, stomach pain |
| WARNINGS | |

| | |
|---|---|
| DRUG NAME | Tenormin |
| GENERIC NAME | atenolol |
| DOSAGE RANGE | 50mg 100mg 5mg |
| HOW TO TAKE | Take by mouth or Injection |
| USES | Lowing Blood Pressure, Chest pain, help prevent strokes, heart attack |
| SIDE EFFECTS | Tiredness, Low Blood pressure, Diarrhea, leg pain, Shortness of breath |
| WARNINGS | |