

## DMA TRAINING

### LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
See slide 65 in DMA Packette

<b>Mental Illness Anxiety Disorders</b>	<b>Inhalers Allergy / Asthma</b>	<b>Hyperlipidemia Statins</b>	<b>Diabetes Endocrine &amp; Metabolic</b>
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
<b>Seizures</b>	<b>Gastrointestinal Disorder Constipation</b>	<b>Blood Pressure Meds</b>	<b>Pain &amp; Inflammation</b>
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DRUG NAME	Abilify
GENERIC NAME	Aripiprazole
DOSAGE RANGE	2mg 15mg 20mg + 30mg
HOW TO TAKE	can be taken with or without food in tablet or liquid form
USES	treat certain mental/mood disorders as schizophrenia or bipolar
SIDE EFFECTS	severe agitation or distress feeling restless Seizure
WARNINGS	increased mortality in elderly patients w/ dementia

DRUG NAME	Ativan
GENERIC NAME	Lorazepam
DOSAGE RANGE	based on medical condition age, + response to treatment
HOW TO TAKE	by mouth with or without food
USES	used to treat anxiety
SIDE EFFECTS	trouble sleeping, stomach pain, seizures fast heartbeat
WARNINGS	may cause addiction

DRUG NAME	Risperdal
GENERIC NAME	Risperidone
DOSAGE RANGE	based on age
HOW TO TAKE	by mouth or liquid medical condition + response to treatment
USES	treats certain mental/mood disorder such as schizophrenia
SIDE EFFECTS	parkinsonism, change in vision, restlessness, dyskinesia
WARNINGS	can cause death in elderly patients, increased risk stroke + heart attack

DRUG NAME	Haldol
GENERIC NAME	Haloperidol
DOSAGE RANGE	based on medical condition + response to therapy
HOW TO TAKE	by mouth with or without food tablet or liquid
USES	treat schizophrenia mood disorders
SIDE EFFECTS	dizziness, lightheadedness, difficult urinating anxiety
WARNINGS	

DRUG NAME	Lamictal
GENERIC NAME	Lamotrigine
DOSAGE RANGE	based on medical condition, response to treatment + use of certain drugs
HOW TO TAKE	take by mouth with or without food, Swallow tabs whole
USES	bipolar + seizure disorder
SIDE EFFECTS	dizziness, drowsiness, headache vomiting upset stomach
WARNINGS	Signs of depression suicidal thoughts, fainting loss of coordination

DRUG NAME	Zyprexa
GENERIC NAME	Olanzapine
DOSAGE RANGE	2.5 mg - 15 mg oral dosage 5-20 mg daily
HOW TO TAKE	by mouth with or without food usually once daily
USES	Schizophrenia bipolar disorder, depression
SIDE EFFECTS	drowsiness, dizziness, dry mouth, constipation, weight gain
WARNINGS	sweat loss heat stroke fever <sup>that</sup> doesn't go away heart failure fast heartbeat pneumonia

DRUG NAME	Lisinopril
GENERIC NAME	Prinivil, Zestril
DOSAGE RANGE	by mouth tablets or liquid
HOW TO TAKE	adults 10 mg once daily not more than 40 mg Children: based on body weight
USES	used to treat high blood pressure prevent kidney problems
SIDE EFFECTS	dizziness, headache, tiredness dry cough
WARNINGS	Can cause serious possibly fatal harm to unborn baby if used during pregnancy. Important to prevent pregnancy while taking this Rx

DRUG NAME	Neurontin
GENERIC NAME	Gabapentin
DOSAGE RANGE	Capsule: 100 mg 300 mg 400 mg Tablet: 300 mg 600 mg 800 mg
HOW TO TAKE	by mouth with or without <sup>food</sup> water dosage based on medical condition
USES	control seizures, relieve nerve pain following shingles
SIDE EFFECTS	drowsiness, dizziness, loss of coordination, blurred vision tremor
WARNINGS	violent behavior, panic attacks suicidal thoughts mania depression

DRUG NAME	Flexeril
GENERIC NAME	cyclobenzaprine
DOSAGE RANGE	5 mg 3x day or based on medical condition & response <sup>to treat pain</sup>
HOW TO TAKE	by mouth with or without food
USES	muscle relaxant relief of muscle spasm associated w/acute pain
SIDE EFFECTS	dry mouth headache, blurred vision drowsiness fatigue stomach <sup>pain</sup>
WARNINGS	chest pain irregular heartbeat slurred speech balance <sup>problem</sup>

DRUG NAME	Depakote
GENERIC NAME	Divalproex
DOSAGE RANGE	based on age weight medical condition response to treatment
HOW TO TAKE	by mouth w/ food if stomach upset occurs. Do not crush or chew
USES	seizure disorders psychiatric conditions migraine headaches
SIDE EFFECTS	diarrhea dizziness hair loss double vision tremor weight change
WARNINGS	may cause liver problems sometimes fatal lab test should be performed <sup>periodically</sup> pancreatitis birth defects during pregnancy.