Codes - 1989, 7930, 2740 B.J.

ANNUAL DMA RECERTIFICATION TEST

1. List the six patient rights:

right person
right time
right med
right dosege
right route
right document

2. Liquid medication is poured at eye level holding the cup with your hand?

☐ Yes ☒ No Explain:

Liquid medication is poured at eye level on a flat surface or table.

3. Controlled substance log is signed after the shift is over?

☐ Yes ☒ No Explain:

It is signed right at the time of passing the controlled substance to the resident.

4. The DMA may crush tablets if resident does not want to swallow whole?

☐ Yes ☒ No Explain:

Only by a doctor Order that tablets can or may be crushed.

ANNUAL DMA RECERTIFICATION TEST

5. Controlled substances are stored (single locked) according to policy and procedures?

☐ Yes ☑ No Explain:

all controlled substances must be double locked and stored in the medication room.

6. Medication errors only need to be reported if the error causes harm?

☐ Yes ☑ No Explain:

all medication errors need to be reported to Bobbie and medical.

7. The medication room keys are left hanging on a special hook in the office area?

☐ Yes ☑ No Explain:

Keys need to be on the DMA at all times.

8. If a resident runs out of a psychotropic medication and another bubble pack is not in the house, you can use one from another resident?

☐ Yes ☑ No Explain:

No you don't share meds to substitute for another resident if their out.

ANNUAL DMA RECERTIFICATION TEST

9. Always give Lantus insulin irregardless of the glucose level?

☐ Yes ☑ No Explain:

Over 350 and under 70 you give for the resident.

10. Blood pressure readings are used to monitor the treatment results of Lisinopril, Tenormin, or Norvasc?

☑ Yes ☐ No Explain:

these meds all blood pressure medications.

11. Eight o'clock medication may be given at 8:00, 9:00, or 10:00?

☐ Yes ☑ No Explain:

one hr. before or 1 hr. after.

12. Medications that have been popped and then the resident refuses are put back in the bubble packs?

☐ Yes ☑ No Explain:

The meds need to be destroyed.

ANNUAL DMA RECERTIFICATION TEST

13. Orders do not have to be on record for insulin injections?

☐ Yes ☑ No Explain:

Insulin injections need to have a second verification for every one that you give.

14. When a resident gets up late for a medication pass, just enter in the quickMAR, resident not in house for the med pass, and give the medication whenever they get up?

☐ Yes ☑ No Explain:

When the resident gets up late you need to call medical imediatelyto get permission to pass.

15. OTC means other than called for?

☐ Yes ☑ No Explain:

Over The Counter.

16. One Tablespoon is equal to 30ml?

☐ Yes ☑ No Explain:

It is equal to 14.48 mL.

ANNUAL DMA RECERTIFICATION TEST

17. NPO means para oral?

☐ Yes ☐ No Explain:

nothing by mouth

18. All controlled substances are returned to the pharmacy to be repackaged?

☐ Yes ☑ No Explain:

They are destroyed by the registered nurse on site.

19. Choking and aspiration is a rare problem among residents on psychotropic medications?

☐ Yes ☑ No Explain:

It's common.

20. Constipation is never a side effect of psychotropic medications?

☐ Yes ☑ No Explain:

It's common.

DRUG NAME	Depakote
GENERIC NAME	Divalproex Sodium
DOSAGE RANGE	DR Tab 125mg 250mg 500 mg
HOW TO TAKE	orally
USES	Bi Polar disorder, Seizures, migraine ~~headache prophylaxis~~ etc
SIDE EFFECTS	headache, nausea, vomiting, dizziness, dyspepsia, abdominal pain
WARNINGS	Hepatotoxicity, Fetal risk, Pancreatitis, increased Hepatotoxicity

DRUG NAME	Klonopin
GENERIC NAME	Clonazepam
DOSAGE RANGE	TAB: 0.5mg, 1mg, 2mg
HOW TO TAKE	Orally P.O or QHS "every Bed time."
USES	Seizure disorder, Panic disorder, anxiety, Antiseptic agent, Hypotensive effects, Sleep terrors, Tourette syndrome
SIDE EFFECTS	Drowsiness, impaired coordination, dizziness, depression, Fatigue, Confusion etc
WARNINGS	Risks From Concomitant opioid use

DRUG NAME	Haldol
GENERIC NAME	Haloperidol
DOSAGE RANGE	TAB: 0.5mg, 1mg, 2mg, 5mg, 10mg, 20mg
HOW TO TAKE	Orally ~~P.O~~ Bid, Tid Bid Twice a day Tid Three times a day, PO QI-4H
USES	Psychosis, Tourette syndrome, agitation, Acute
SIDE EFFECTS	insomnia, anxiety, tardive dyskinesia, lethargy, weight changes
WARNINGS	~~Bradycardia & Arrhythmia in CVS~~ Dementia-related psychosis Coma, CNS Depression, use caution if you have Parkingsons

DRUG NAME	Flonase
GENERIC NAME	Fluticasone Propionate nasal
DOSAGE RANGE	1-2 actuation in each nostril QD or up to 4 in each nostril
HOW TO TAKE	nostril only
USES	Allergy SX, Nasal Polyp tx, Rhinitis
SIDE EFFECTS	headache, URI SX, epistaxis, nasal burning, nasal irritation
WARNINGS	use caution if you have nasal ulcers, unhealed wounds etc

DRUG NAME	Lantus
GENERIC NAME	insulin glargine
DOSAGE RANGE	Inj 100 units per mL: Inj (U-100 vial)
HOW TO TAKE	injection Sub Q
USES	Diabetes Mellitus type 1-2
SIDE EFFECTS	hypoglycemia, injection site rxn, myalgia, rash, URI, headache etc
WARNINGS	Caution if infection, illness or stress, renal impairment

DRUG NAME	Lisinopril
GENERIC NAME	Lisinopril is the generic name
DOSAGE RANGE	TAB: 2.5mg, 5mg, 10mg, 20mg, 30mg, 40mg
HOW TO TAKE	orally PO, QD, QD For cough, Max 80mg/day
USES	HTN, heart Failure w/reduce ejection Fraction, MI
SIDE EFFECTS	renal Failure, hypotension, headache, cough, Fatigue
WARNINGS	Fetal toxicity,

DRUG NAME	Colace
GENERIC NAME	docusate Sodium
DOSAGE RANGE	50-150mg/day PO divided qd-bid prn
HOW TO TAKE	P.O orally
USES	emollient laxative For softening stool
SIDE EFFECTS	diarrhea, abdominal Cramps, throat irritation, rash
WARNINGS	Appendicitis, GI obstruction Caution if nausea/vomiting

DRUG NAME	motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	1-2 caps/tabs PO q4-6h Max: 6 tabs or caps/24H
HOW TO TAKE	oral tab/capsule
USES	NSAID For reducing pain/inflammation, Fever
SIDE EFFECTS	GI bleeding, GI ulcer, stroke, nausea, dizziness
WARNINGS	Caution if recent MI, Stroke Hx, HTN, CHF

DRUG NAME	Seroquel
GENERIC NAME	Quetiapine
DOSAGE RANGE	TAB: 25 mg, 50mg, 100mg, 200mg, 300mg, 400mg
HOW TO TAKE	orally PO divided Bid-TID, PO qhs, PO qD
USES	Schizophernia, bipolar I disorder, manic "quite depression"
SIDE EFFECTS	somnolence, dizziness, hypotension, tremor, anemia
WARNINGS	Dementia related psychosis, suicidality

DRUG NAME	Zantac
GENERIC NAME	ranitidine
DOSAGE RANGE	TAB: 150mg, 300mg; SOL: 15mg per mL; INJ: 25 per mL
HOW TO TAKE	IM INJ, orally
USES	heart Burn
SIDE EFFECTS	headache, diarrhea, constipation, myalgia, vertigo
WARNINGS	Caution if hepatic impairment, renal impairment etc