

Code #1 2239

Code #2 8746

Code 3 7752

J. Kirby

ANNUAL DMA RECERTIFICATION TEST

1. List the six patient rights:

Right medication Right Route
Right Dose Right Documentation
Right Time & Date Right Person

2. Liquid medication is poured at eye level holding the cup with your hand?

Yes No Explain:

Put it on a flat surface

3. Controlled substance log is signed after the shift is over?

Yes No Explain:

They counted shift changes, signed
after Nac is passed anytime DMA
changes & end of your shift

4. The DMA may crush tablets if resident does not want to swallow whole?

Yes No Explain:

Resident has to have a crush order

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5. Controlled substances are stored (single locked) according to policy and procedures?

Yes No Explain:

They are Double locked.

6. Medication errors only need to be reported if the error causes harm?

Yes No Explain:

every medication error needs to be reported.

7. The medication room keys are left hanging on a special hook in the office area?

Yes No Explain:

They are always with the DMA

8. If a resident runs out of a psychotropic medication and another bubble pack is not in the house, you can use one from another resident?

Yes No Explain:

only use medication prescribed to that resident

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9. Always give Lantus insulin irregardless of the glucose level?

Yes No Explain:

no & below contact medical
& follow medicals advice

10. Blood pressure readings are used to monitor the treatment results of Lisinopril, Tenormin, or Norvasc?

Yes No Explain:

These are all high blood pressure
medications

11. Eight o'clock medication may be given at 8:00, 9:00, or 10:00?

Yes No Explain:

must be given an hr before and
1 hour after 8pm

12. Medications that have been popped and then the resident refuses are put back in the bubble packs?

Yes No Explain:

medications are never repacked and
should be destroyed per beacon policy

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13. Orders do not have to be on record for insulin injections?

Yes No Explain:

record it for every injection and give
2nd staff signature

14. When a resident gets up late for a medication pass, just enter in the quickMAR, resident not in house for the med pass, and give the medication whenever they get up?

Yes No Explain:

call medical and get permission to
pass out of time frame.

15. OTC means other than called for?

Yes No Explain:

Over the counter.

16. One Tablespoon is equal to 30ml?

Yes No Explain:

NO its equal to 14.78 mL

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17. NPO means para oral?

Yes No Explain:

Nothing by mouth

18. All controlled substances are returned to the pharmacy to be repackaged?

Yes No Explain:

they are destroyed.

19. Choking and aspiration is a rare problem among residents on psychotropic medications?

Yes No Explain:

they are very common

20. Constipation is never a side effect of psychotropic medications?

Yes No Explain:

constipation is a side effect of
psychotropic medications

DRUG NAME	Depakote
GENERIC NAME	Divalproex Sodium
DOSAGE RANGE	DR Tab 12.5mg, 250mg, 500mg
HOW TO TAKE	Orally
USES	Bi Polar disorder, Seizures, migraine headache prophylaxis etc
SIDE EFFECTS	headache, nausea, vomiting, dizziness, dyspepsia, abdominal pain
WARNINGS	Hepatotoxicity, Fetal risk, Pancreatitis, increased hepatotoxicity

DRUG NAME	Klonopin
GENERIC NAME	Clonazepam
DOSAGE RANGE	Tab: 0.5mg, 1mg, 2mg
HOW TO TAKE	Orally P.O. or QHS "every Bedtime"
USES	Seizure disorder, Panic disorder, anxiety, ^{antiseizure agent, hypotensive effects} Sleep terrors, Tourette syndrome
SIDE EFFECTS	Drowsiness, impaired coordination, dizziness, depression, Fatigue, Confusion etc
WARNINGS	Risks From Concomitant opioid use

DRUG NAME	Halodol
GENERIC NAME	Haloperidol
DOSAGE RANGE	TAB: 0.5mg, 1mg, 2mg, 5mg, 10mg, 20mg
HOW TO TAKE	Orally P.O. Bid, Tid ^{Bid twice a day} Tid three times a day, PO q1-4H
USES	Psychosis, Tourette syndrome, agitation, acute
SIDE EFFECTS	insomnia, anxiety, tardive dyskinesia, lethargy, weight changes
WARNINGS	Breaks down in CNS Dementia-related psychosis Coma, CNS Depression, use caution if you have Parkinson's

DRUG NAME	Flonase
GENERIC NAME	Fluticasone Propionate nasal
DOSAGE RANGE	1-2 actuation in each nostril QD or up to 4 in each nostril
HOW TO TAKE	nostril only
USES	Allergy SX, Nasal Polyp TX, Rhinitis
SIDE EFFECTS	headache, URI SX, epistaxis, nasal burning, nasal irritation
WARNINGS	use caution if you have nasal ulcers, unhealed wounds etc

DRUG NAME	Lantus
GENERIC NAME	insulin glargine
DOSAGE RANGE	INJ 100 units per mL: INJ (U-100 viral)
HOW TO TAKE	Injection subQ
USES	Diabetes Mellitus type 1-2
SIDE EFFECTS	hypoglycemia, injection site rxn, myalgia, rash, URI, ^{head-} ache etc
WARNINGS	Caution if infection, illness or stress, renal impairment

DRUG NAME	Lisinopril
GENERIC NAME	Lisinopril is the generic name
DOSAGE RANGE	TAB: 2.5mg, 5mg, 10mg, 20mg, 30mg, 40mg
HOW TO TAKE	orally PO , qD, qD For week, Max 30mg/day
USES	HTN, heart failure w/reduce ejection Fraction, MI
SIDE EFFECTS	Renal failure, hypotension, headache, cough, fatigue
WARNINGS	Fetal toxicity,

DRUG NAME	Colace
GENERIC NAME	docusate Sodium
DOSAGE RANGE	50-150mg/day PO divided qd-bid prn
HOW TO TAKE	P.O orally
USES	emollient laxative For softening stool
SIDE EFFECTS	diarrhea, abdominal cramps, throat irritation, rash
WARNINGS	Appendicitis, GI obstruction Caution IF Nausea/ vomiting

DRUG NAME	Motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	1-2 caps/tabs PO q4-6h Max: 6 tabs or caps/24 H
HOW TO TAKE	oral tab/capsule
USES	NSAID For reducing pain/inflammation, Fever
SIDE EFFECTS	GI bleeding, GI ulcer, stroke, nausea, dizziness
WARNINGS	Caution IF recent MI, Stroke Hx, HTN, CHF

DRUG NAME	Seroquel
GENERIC NAME	Quetiapine
DOSAGE RANGE	TAB: 25mg, 50mg, 100mg, 200mg, 300mg, 400mg
HOW TO TAKE	orally PO divided Bid-TID, PO qhs, PO qD
USES	Schizophrenia, bipolar I disorder, manic ^{acute} depression
SIDE EFFECTS	Somnolence, dizziness, hypotension, tremor, anemia
WARNINGS	Dementia related psychosis, suicidality

DRUG NAME	Zantac
GENERIC NAME	Ranitidine
DOSAGE RANGE	TAB: 150mg, 300mg; SOL: 15mg per mL; INJ: 25 per mL
HOW TO TAKE	IM INJ, orally
USES	PO heart Burn
SIDE EFFECTS	headache, diarrhea, constipation, myalgia, vertigo
WARNINGS	Caution IF hepatic impairment, renal impairment, etc