

Rachel
Gould

DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DRUG NAME	Abilify
GENERIC NAME	Aripiprazole
DOSAGE RANGE	2mg, 5mg, 10mg, 15mg, 20mg, 30mg
HOW TO TAKE	by mouth
USES	Antipsychotics, 2nd generation; Bipolar disorder + Tourettes
SIDE EFFECTS	headache, weight gain, anxiety, insomnia
WARNINGS	Psychosis, Suicidity

DRUG NAME	Seroquel
GENERIC NAME	Quetiapine
DOSAGE RANGE	TAB: 25mg, 50mg, 100mg, 200mg, 300mg, 400mg
HOW TO TAKE	by mouth
USES	Antipsychotics 2nd generation, Bipolar disorder
SIDE EFFECTS	dizziness, tachycardia, constipation, weight gain
WARNINGS	Psychosis, Suicidality

DRUG NAME	Flonase Allergy Relief
GENERIC NAME	fluticasone propionate nasal
DOSAGE RANGE	1-2 actuations in each nostril
HOW TO TAKE	by nose
USES	Corticosteroids, Intranasal
SIDE EFFECTS	headaches, nasal burning, nasal irritation
WARNINGS	None

DRUG NAME	Loratadine
GENERIC NAME	Alavert
DOSAGE RANGE	1 tab PO qd
HOW TO TAKE	by mouth
USES	Antihistamines, 2nd gen, Pruritus/urticaria
SIDE EFFECTS	drowsiness, fatigue, abdominal pain
WARNINGS	Seizures, hepatotoxicity

DRUG NAME	Lipitor
GENERIC NAME	Atorvastatin
DOSAGE RANGE	TAB: 10mg, 20mg, 40mg, 80mg
HOW TO TAKE	by mouth
USES	Dyslipidemia: HMG-CoA Reductase Inhibitors (statins)
SIDE EFFECTS	URI, headache, diarrhea, LTL, nausea, insomnia
WARNINGS	caution if renal impairment + alcohol abuse

DRUG NAME	Novolog
GENERIC NAME	Insulin Aspart
DOSAGE RANGE	100 units per ML
HOW TO TAKE	injection 5-10 mins before meals
USES	insulin for diabetes
SIDE EFFECTS	hypoglycemia, Myalgia, rash, weight gain
WARNINGS	hypokalemia, hypersensitivity, anaphylaxis

DRUG NAME	Topamax
GENERIC NAME	Topiramate
DOSAGE RANGE	15mg, 25mg
HOW TO TAKE	by mouth
USES	Dependence: Alcohol, headache/Migraine, PTSD, Seizures
SIDE EFFECTS	Metabolic acidosis, paresthesia, fatigue, anorexia
WARNINGS	nephrolithiasis, osteomalacia, hyperthermia

DRUG NAME	Colace
GENERIC NAME	Docusate Sodium
DOSAGE RANGE	50-300 mg/day PO divided qd-bid prn
HOW TO TAKE	by mouth
USES	Constipation, stool softeners
SIDE EFFECTS	diarrhea, abdominal cramps, rash, bitter taste
WARNINGS	caution: fecal impaction, appendicitis

DRUG NAME	Toprol - XL
GENERIC NAME	Metoprolol succinate
DOSAGE RANGE	ER TAB: 25mg, 50mg, 100mg, 200mg
HOW TO TAKE	by mouth
USES	Blood pressure
SIDE EFFECTS	fatigue, dizziness, diarrhea, rash
WARNINGS	Avoid Abrupt Cessation

DRUG NAME	Motrin IB
GENERIC NAME	ibuprofen
DOSAGE RANGE	1-2 tabs PO q4-6h prn
HOW TO TAKE	by mouth
USES	Nonsteroidal Anti-inflammatory drug (NSAIDs)
SIDE EFFECTS	dyspepsia, nausea, abdominal pain
WARNINGS	GI bleeding, stroke, nephrotoxicity