

Juaneice
Jackson

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

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DRUG NAME	Lithium
GENERIC NAME	Eskalith, Lithobid, lithium
DOSAGE RANGE	CAP: 150 mg - 600 mg TAB: 300 mg
HOW TO TAKE	By Mouth
USES	Bipolar I disorder, acute manic/mixed, schizoaffective disorder
SIDE EFFECTS	coma, seizures, diarrhea, vomiting, weight gain, drowsiness, tremor
WARNINGS	too much lithium in your body can cause death

DRUG NAME	Abilify
GENERIC NAME	aripiprazole
DOSAGE RANGE	TAB: 2 mg - 30 mg
HOW TO TAKE	By mouth, with or without food
USES	schizophrenia, bipolar I disorder, Tourette's syndrome, autistic disorder
SIDE EFFECTS	severe agitation, twitching, distress, high blood sugar, seizure, etc.
WARNINGS	Not approved for use in older adults with dementia-related psychosis

DRUG NAME	Ativan
GENERIC NAME	lorazepam
DOSAGE RANGE	TAB: .5 mg - 2 mg INJ: 2 mg per mL - 4 mg per mL
HOW TO TAKE	By mouth or injection
USES	Anxiety, insomnia
SIDE EFFECTS	Severe drowsiness, unusual changes in mood, confusion, aggression, thoughts of suicide.
WARNINGS	Fatal side effects occur if taken with alcohol, opioids, or other drugs

DRUG NAME	Aduair Diskus
GENERIC NAME	fluticasone and Salmeterol
DOSAGE RANGE	DPI: 100 mcg / 50 mcg per blister - 500 mcg / 50 mcg per blister
HOW TO TAKE	1 puff inhaled
USES	Asthma
SIDE EFFECTS	headache, muscle pain, nausea, vomiting, thrush, ongoing cough
WARNINGS	will not work fast enough to treat an asthma or bronchospasm attack

DRUG NAME	Apidra
GENERIC NAME	Insulin glulisine
DOSAGE RANGE	100 units per mL
HOW TO TAKE	INJECTION with syringe
USES	diabetes mellitus
SIDE EFFECTS	rash, weight gain, headache, edema, myalgia, hypoglycemia, influenza
WARNINGS	N/A

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DRUG NAME	Crestor
GENERIC NAME	rosuvastatin
DOSAGE RANGE	TAB: 5mg - 40mg
HOW TO TAKE	By mouth, once a day, with or without food, same time every day
USES	hypercholesterolemia, mixed dyslipidemia, hypertriglyceridemia, type IV
SIDE EFFECTS	headache, weakness, muscle aches, nausea, stomach pain
WARNINGS	hypersens, pregnancy

DRUG NAME	Dilantin
GENERIC NAME	phenytoin
DOSAGE RANGE	ER CAP 30mg-100mg chewable; 50mg; SUSP: 125mg per 5mL
HOW TO TAKE	swallow CAP whole, take chewables 2 or 3 times a day, oral suspension (liquid)
USES	status epilepticus, seizure disorder
SIDE EFFECTS	drowsiness, confusion, slurred speech, abnormal eye movement
WARNINGS	CV Cardiovascular Risk with Rapid Infusion

DRUG NAME	MiraLAX
GENERIC NAME	polyethylene glycol 3350
DOSAGE RANGE	1 capful/day
HOW TO TAKE	mix in with water, oral powder, dissolve in water and drink or other liquid
USES	relieving constipation
SIDE EFFECTS	nausea, abdominal distension, cramping, diarrhea
WARNINGS	GI obstruction, caution in elderly pts

DRUG NAME	Tenormin
GENERIC NAME	atenolol
DOSAGE RANGE	25mg - 100mg
HOW TO TAKE	By mouth as doctor prescribes
USES	cardiovascular event prevention, Blood pressure
SIDE EFFECTS	dizziness, feeling tired, depressed mood
WARNINGS	Avoid Abrupt Cessation

DRUG NAME	Flexeril
GENERIC NAME	cyclobenzaprine
DOSAGE RANGE	NA
HOW TO TAKE	swallow capsule whole, do not crush. Take once daily for 2 or 3 weeks
USES	Pain and inflammation. Muscle relaxant
SIDE EFFECTS	drowsiness, tiredness, headache, dizziness, dry mouth, upset stomach
WARNINGS	Do not use with other drugs that make you drowsy.