Lori Barnes

DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	**Inhalers Allergy / Asthma**	**Hyperlipidemia Statins**	**Diabetes Endocrine & Metabolic**
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	**Gastrointestinal Disorder Constipation**	**Blood Pressure Meds**	**Pain & Inflammation**
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydorchlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

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DRUG NAME	Dilantin
GENERIC NAME	Phenytoin
DOSAGE RANGE	Seizure disorder 300-400mg daily Extended Release
HOW TO TAKE	Oral, IV intramuscular Injection (IM)
USES	Seizure disorder
SIDE EFFECTS	nausea, vomiting, rash, dizziness, confusion, tremor
WARNINGS	Cardiovascular risk with rapid infusion

DRUG NAME	Topamax
GENERIC NAME	topiramate
DOSAGE RANGE	PTSD 75mg, Seizure 100-200mg Twice daily
HOW TO TAKE	by mouth
USES	PTSD, Seizure, migraine, eating disorder, Alcohol dependance
SIDE EFFECTS	dizziness, fatigue, nervousness, nausea, diarrhea, depression
WARNINGS	None

DRUG NAME	Colace
GENERIC NAME	docusate Sodium
DOSAGE RANGE	50-300mg/day divided as needed
HOW TO TAKE	Oral
USES	Stool Softener
SIDE EFFECTS	diarrhea, abdominal cramps, rash, throat irritation
WARNINGS	None

DRUG NAME	Toprol-XL
GENERIC NAME	metoprolol succinate
DOSAGE RANGE	50-200mg daily Hypertension 100-400 Angina 100-400mg daily
HOW TO TAKE	Orally
USES	Hypertension, Angina, migraine, heart failure
SIDE EFFECTS	fatigue, dizziness, diarrhea, rash, depression, nightmares
WARNINGS	AVOID ABRUPT CESSATION

DRUG NAME	Flexeril
GENERIC NAME	Cyclobenzaprine
DOSAGE RANGE	5-10mg 3x a day 5-40mg/day divided Fibromyalgia
HOW TO TAKE	Orally
USES	muscle spasms, fibromyalgia
SIDE EFFECTS	drowsiness, dizziness, nausea, headache, confusion, MI
WARNINGS	None