HEARTSAVER

Heartsaver®
First Aid CPR AED

American Heart Association.

Louis Vasilion

has successfully completed the cognitive and skills evaluations in accordance with the curriculum of the American Heart Association Heartsaver First Aid CPR AED Program.

Optional modules completed:

Issue Date	Renew By	eCard Code
7/30/2020	07/2022	206004456878

To view or verify authenticity, students and employers should scan this QR code with their mobile device or go to www.heart.org/cpr/mycards.

HEARTSAVER

Training Center Name	North Central Michigan College
Training Center ID	MI03683
TC City, State	Petoskey, MI
TC Phone	(231) 348-6660
Instructor Name	David Schmitz
Instructor ID	07160488016

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Directions

1. Cut along dotted lines
2. Fold both halves together
3. Use adhesive to combine halves

Child CPR
Skills Testing Checklist

American Heart Association®
life is why™

Student Name Louis Vasilion Date of Test 07/30/2020

Scenario: "You are home alone with a child, and the child suddenly collapses in front of you. The scene is safe and you have a cell phone with you, but no AED nearby. Demonstrate what you would do next."

Assessment and Activation

☑ Checks responsiveness ☑ Shouts for help/Phones 9-1-1 on cell phone ☑ Checks breathing

Cycle 1 of CPR (30:2) **CPR feedback devices preferred for accuracy*

Child Compressions

☑ Performs high-quality compressions*:

- Hand placement on lower half of breastbone
- 30 compressions in no less than 15 and no more than 18 seconds
- Compresses at least one third the depth of the chest, about 2 inches (5 cm)
- Complete recoil after each compression

Child Breaths

☑ Gives 2 breaths with a barrier device:

- Each breath given over 1 second
- Visible chest rise with each breath
- Gives 2 breaths in less than 10 seconds

Cycle 2 of CPR (repeats steps in Cycle 1) *Only check box if step is successfully performed*

☑ Gives 30 high-quality compressions ☑ Gives 2 effective breaths

Cycle 3 of CPR (repeats steps in Cycle 1) *Only check box if step is successfully performed*

☑ Gives 30 high-quality compressions ☑ Gives 2 effective breaths

Instructor says, "EMS has arrived and is taking over."

STOP TEST

Instructor Notes

- Place a ✓ in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to Instructor Manual for information about remediation).

Test Results Check **PASS** or **NR** to indicate pass or needs remediation: **PASS** ■ **NR** ☐

Instructor Initials DS Instructor Number 07160488016 Date 07/30/2020

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Adult CPR and AED Skills Testing Checklist

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Student Name Louis Vasilion Date of Test 07/30/2020

Scenario: "You arrive on the scene for a suspected cardiac arrest. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

Assessment and Activation

☑ Checks responsiveness ☑ Shouts for help/Sends someone to phone 9-1-1 and get an AED ☑ Checks breathing

Once student shouts for help, instructor says, "Here's the barrier device. I am going to phone 9-1-1 and get the AED."

Cycle 1 of CPR (30:2) **CPR feedback devices preferred for accuracy*

Adult Compressions

☑ Performs high-quality compressions*:

- Hand placement on lower half of breastbone
- 30 compressions in no less than 15 and no more than 18 seconds
- Compresses at least 2 inches (5 cm)
- Complete recoil after each compression

Adult Breaths

☑ Gives 2 breaths with a barrier device:

- Each breath given over 1 second
- Visible chest rise with each breath
- Gives 2 breaths in less than 10 seconds

Cycle 2 of CPR (repeats steps in Cycle 1) *Only check box if step is successfully performed*

☑ Gives 30 high-quality compressions ☑ Gives 2 effective breaths

Instructor says, "Here is the AED."

AED (follows prompts of AED)

☑ Powers on AED ☑ Correctly attaches pads ☑ Clears for analysis ☑ Clears to safely deliver a shock
☑ Presses button to deliver shock ☑ Student immediately resumes compressions

AED trainer says, "The shock has been delivered."

Cycle 3 of CPR (repeats steps in Cycle 1) *Only check box if step is successfully performed*

☑ Gives 30 high-quality compressions ☑ Gives 2 effective breaths

STOP TEST

Instructor Notes

- Place a ✓ in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to Instructor Manual for information about remediation).

Test Results Check **PASS** or **NR** to indicate pass or needs remediation: **PASS** ■ **NR** ☐

Instructor Initials DS Instructor Number 07160488016 Date 07/30/2020

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Heartsaver®
First Aid
Skills Testing Checklist

Student Name LOUIS VASILION Date of Test 07/30/2020

Scenario: "EMS has arrived and takes over. You may now remove your gloves. Demonstrate what you would do next."

Removing Gloves

☑ Grips one glove on the outside, near the cuff, to peel it off ☑ Cups the inside-out glove with the gloved hand
☑ Places 2 fingers of the bare hand inside the cuff to peel the second glove off, with the first glove inside it
☑ Verbalizes the need to dispose of gloves properly

Scenario: "You find a coworker lying on the floor in the break room. There are a phone, first aid kit, and AED on the wall. Demonstrate how you would find the problem."

Finding the Problem

☑ Verbalizes that the scene is safe ☑ Taps and shouts* ☑ Shouts for help/Phones 9-1-1/Gets first aid kit and AED
☑ Checks breathing† ☑ Looks for injury and medical information jewelry‡
☑ Verbalizes that he or she will stay with the person until EMS arrives

**After the student taps and shouts, the instructor says, "The person is unresponsive."*
†After the student verbalizes that he or she has checked for breathing, the instructor says, "The person is breathing normally."
‡After the student checks for injury and medical information jewelry, the instructor says, "The person is not injured, and there is no medical information jewelry."

Scenario: "A coworker has a severe allergic reaction, has an epinephrine pen, and needs help using it. You have completed all previous steps and are now ready to use the epinephrine pen. You have read the manufacturer's instructions, which state to inject for 3 seconds. Demonstrate what you would do next."

Using an Epinephrine Pen

☑ Holds epinephrine pen in fist ☑ Takes off safety cap ☑ Holds leg in place; presses epinephrine pen firmly against outer side of thigh for 3 seconds ☑ Removes epinephrine pen ☑ Rubs injection site for 10 seconds

Scenario: "You will demonstrate stopping bleeding and then bandaging a small cut on the person's forearm. You have the first aid kit and are now ready to begin."

Stopping Bleeding and Bandaging

☑ Tells person to place pressure over cut with clean dressing ☑ Verbalizes putting on gloves ☑ Applies pressure to bleeding area* ☑ Adds more dressings and presses harder† ☑ Applies more bandages over the dressing

**Instructor says, "The bleeding is not stopping."*
†Instructor says, "The bleeding has stopped."

STOP TEST

Instructor Notes

- Place a ✓ in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to Instructor Manual for information about remediation).

Test Results Circle **PASS** or **NR** to indicate pass or needs remediation: **PASS** ☑ **NR** ☐

Instructor Initials DS Instructor Number 07160488016 Date 07/30/2020

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