



educate.
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May 19, 2020

To whom it may concern,

This letter is to verify that on 5/19/2020 Sarah Meadows participated in a Nonviolent Crisis Intervention : Initial - Classroom training class. The entire course was conducted in 6 hours and documentation of this course was submitted to CPI on 5/19/2020.

In addition to this letter which shall be placed in the participant's employee file, the participant received/will receive a BlueCard® upon completion of the course. Both the letter and the BlueCard® shall remain valid for training confirmation purposes until 5/19/2021.

Respectfully,

Leah Mills
Certified Instructor with Beacon Specialized Living Services

BLUE CARD™

Sarah Meadows

has completed 6 hours of training in the
Nonviolent Crisis Intervention® training program.

5-19-20

1-10

5-19-21

Leah Mills

For more learning opportunities
visit crisisprevention.com.

NE7CF911

Nonviolent Crisis Intervention® Training Program

Pre-Test

Name Sarah Meadows Date 5/19/2020
Title Direct Care Worker
Organization Beacon specialized living services

1. Define aggression and violence.

Verbally or physical hurting someone.

List the two types that you may encounter in your job.

- a. physical
- b. verbal

2. What are the core values that underpin your work practice?

Honesty, dependability, thoughtfulness

3. List the levels of behavior an individual may experience (or you may observe) in a crisis situation and give an appropriate staff response to each.

Crisis Development/Behavior Levels	Staff Attitudes/Approaches
1. verbal	1. redirect
2. physical	2. physical intervention
3. self-harm	3. redirection / physical intervention
4.	4.

4. Crisis results in a traumatic experience for those involved. **True** or **False**.

False

5. What are your responsibilities after a crisis event?

Make sure everyone is okay
do the right documentation,

Nonviolent Crisis Intervention® Training Program Post-Test

Name Sarah Meador Date 5/19/20
Organization Beaumont
Phone 361 462 7768 Email Kyle@staculife.com

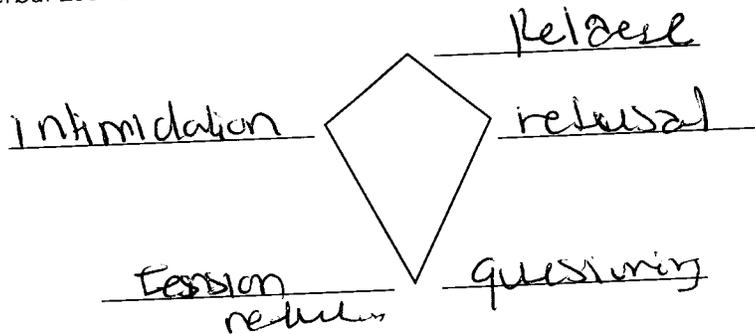
1. Complete the Crisis Development ModelSM.

Crisis Development/Behavior Levels	Staff Attitudes/Approaches
1. anxiety	1. Supportive
2. defensive	2. directive
3. risk behavior	3. physical intervention
4. tension reduction	4. Therapeutic Rapport

2. What is the value of learning the four levels and corresponding staff attitudes?

~~to prevent escalation~~ ~~to prevent escalation~~
~~to prevent escalation~~ ~~to prevent escalation~~
prevent escalation or
de-escalate crisis
situations

3. Complete the Verbal Escalation ContinuumSM.



4. Describe three reasons you should use the Supportive StanceSM.

communicating respect
non-threatening
maintain safety

Post-Test

5. List two ways the Decision-Making Matrix model is used to consider risk.

• duty of care

• human rights

6. What are the values that underpin this course?

care welfare

safety, security.

7. Postvention is used for:

a. Staff only.

b. The individual in crisis only.

c. Staff and the individual in crisis.