

Heartsaver® Course Roster

Emergency Cardiovascular Care Programs



Course Information

- Heartsaver CPR AED
 - Child CPR AED
 - Infant CPR
 - Exam
- Heartsaver First Aid CPR AED
 - Child CPR AED
 - Infant CPR
 - Exam
- Heartsaver First Aid
 - Exam
- Heartsaver Pediatric First Aid CPR AED
 - Adult CPR
 - Exam
- Heartsaver Instructor

Lead Instructor EVERLYN NORSTRUP
 Lead Instructor ID# 1117000314167
 Card Expiration Date 5/16/2021
 Training Center Northcentral Michigan College
 Training Center ID# _____
 Training Site Name (if applicable) Coster
 Address 12414 Coster Rd
 City, State ZIP Ft Leake
 Course Location Coster

Course Start Date/Time 1:25 Course End Date/Time 5:40 Total Hours of Instruction 4.25
 No. of Cards Issued 5 Student-Manikin Ratio 2:1, 3:1 Issue Date of Cards 5/16/19

Assisting Instructor (Attach copy of instructor aligned with a TC other than the primary TC)

Name and Instructor ID#	Card Exp. Date	Name and Instructor ID#	Card Exp. Date
1.		5.	
2.		6.	
3.		7.	
4.		8.	

I verify that this information is accurate and truthful and that it may be confirmed. This course was taught in accordance with AHA guidelines.

Signature of Lead Instructor *Everlyn Norstrup* Date 5/16/19

Course Participants



Date 5/16/19

Course HeartSaver CPR

Lead Instructor EVERYNN NOCHTA

Lead Instr. ID# 1170031467

Name and Email
Please PRINT as you wish your name to appear on your card. Please print email address legibly.

Mailing Address/Telephone

Complete/
Incomplete

Remediation/Date
Completed
(if applicable)

1.	Saif Dafneithas	fielssy@gmail.com	Complete	
2.	Maegan Koch	Maegan8883@gmail.com	Complete	
3.	ADELE KLEPPER	AKLEPPER@bentonpaper.com ADELE.KLEPPER2006@yahoo.com	Complete	
4.	Lynn Rogers	lynnrogers3535@gmail.com	Complete	
5.	Cheryle Descamps	Jimmyraybeth@yahoo.com	Complete	
6.				
7.				
8.				
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10.				

HEARTSAVER

**Heartsaver®
First Aid
CPR AED**



**American
Heart
Association®**

Lynn Rogers

**has successfully completed the cognitive and skills
evaluations in accordance with the curriculum of the
American Heart Association Heartsaver®
First Aid CPR AED Program.**

Optional modules completed:

Issue Date

5/16/2019

Recommended Renewal Date

05/2021

Training Center Name

North Central Michigan College

Instructor Name

Evelyn Northrop

Training Center ID

MI03683

Instructor ID

11170631467

Training Center Address

1515 Howard Street
Petoskey MI 49770 USA

eCard Code

196003613927

**Training Center Phone
Number**

(231) 348-6660

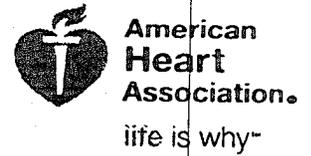
QR Code



To view or verify authenticity, students and employers should scan this QR code with their mobile device or go to www.heart.org/cpr/mycards.

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Adult CPR and AED Skills Testing Checklist



Student Name Lynn Rogers Date of Test 5/16/19

Scenario: "You arrive on the scene for a suspected cardiac arrest. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

Assessment and Activation

- Checks responsiveness Shouts for help/Sends someone to phone 9-1-1 and get an AED Checks breathing

Once student shouts for help, instructor says, "Here's the barrier device. I am going to phone 9-1-1 and get the AED."

Cycle 1 of CPR (30:2) *CPR feedback devices preferred for accuracy

Adult Compressions

- Performs high-quality compressions*:
- Hand placement on lower half of breastbone
 - 30 compressions in no less than 15 and no more than 18 seconds
 - Compresses at least 2 inches (5 cm)
 - Complete recoil after each compression

Adult Breaths

- Gives 2 breaths with a barrier device:
- Each breath given over 1 second
 - Visible chest rise with each breath
 - Gives 2 breaths in less than 10 seconds

Cycle 2 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed

- Gives 30 high-quality compressions Gives 2 effective breaths

Instructor says, "Here is the AED."

AED (follows prompts of AED)

- Powers on AED Correctly attaches pads Clears for analysis Clears to safely deliver a shock
- Presses button to deliver shock Student immediately resumes compressions

AED trainer says, "The shock has been delivered."

Cycle 3 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed

- Gives 30 high-quality compressions Gives 2 effective breaths

STOP TEST

Instructor Notes

- Place a ✓ in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to Instructor Manual for information about remediation).

Test Results Check PASS or NR to indicate pass or needs remediation:

PASS NR

Instructor Initials EN Instructor Number 1117063467 Date 5/16/19

First Aid Skills Testing Checklist



Student Name Lynn Rogers

Date of Test 5.16.19

Scenario: "EMS has arrived and takes over. You may now remove your gloves. Demonstrate what you would do next."

Removing Gloves

- Grips one glove on the outside, near the cuff, to peel it off
- Places 2 fingers of the bare hand inside the cuff to peel the second glove off, with the first glove inside it
- Verbalizes the need to dispose of gloves properly
- Cups the inside-out glove with the gloved hand
- Properly

Scenario: "You find a coworker lying on the floor in the break room. There are a phone, first aid kit, and AED on the wall. Demonstrate how you would find the problem."

Finding the Problem

- Verbalizes that the scene is safe
- Checks breathing*
- Verbalizes that he or she will stay with the person until EMS arrives
- Taps and shouts*
- Looks for injury and medical information jewelry†
- Shouts for help/Phones 9-1-1/Gets first aid kit and AED

*After the student taps and shouts, the instructor says, "The person is unresponsive."

†After the student verbalizes that he or she has checked for breathing, the instructor says, "The person is breathing normally."

‡After the student checks for injury and medical information jewelry, the instructor says, "The person is not injured, and there is no medical information jewelry."

Scenario: "A coworker has a severe allergic reaction, has an epinephrine pen, and needs help using it. You have completed all previous steps and are now ready to use the epinephrine pen. Demonstrate what you would do next."

Using an Epinephrine Pen

- Holds epinephrine pen in fist of thigh for 10 seconds
- Takes off safety cap
- Removes epinephrine pen
- Presses epinephrine pen firmly against outer side
- Rubs injection site for 10 seconds

Scenario: "You will demonstrate stopping bleeding and then bandaging a small cut on the person's forearm. You have the first aid kit and are now ready to begin."

Stopping Bleeding and Bandaging

- Tells person to place pressure over cut with clean dressing to bleeding area
- Adds more dressings and presses harder†
- Verbalizes putting on gloves
- Applies pressure over the dressing
- Applies more bandages over the dressing

*Instructor says, "The bleeding is not stopping"

†Instructor says, "The bleeding has stopped."

STOP TEST

Instructor Notes

- Place a ✓ in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to Instructor Manual for information about remediation).

Test Results

Check **PASS** or **NR** to indicate pass or needs remediation:

PASS NR

Instructor Initials EN

Instructor Number 11170631467

Date 5/16/19

Heartsaver® Classroom Course Evaluation



American Heart Association®

life is why™

Date 5-16-19

Instructor(s) Evie

Training Centre _____

Location _____

Please answer the following questions about your **Instructor.**

My Instructor:

1. Provided instruction and help during my skills practice session
 a. Yes
 b. No
2. Answered all of my questions before my skills test
 a. Yes
 b. No
3. Was professional and courteous to the students
 a. Yes
 b. No

Please answer the following questions about the **course content.**

1. The course learning objectives were clear.
 a. Yes
 b. No
2. The overall level of difficulty of the course was
 a. Too hard
 b. Too easy
 c. Appropriate
3. The content was presented clearly.
 a. Yes
 b. No
4. The quality of videos and written materials was
 a. Excellent
 b. Good
 c. Fair
 d. Poor
5. The equipment was clean and in good working condition.
 a. Yes
 b. No

Please answer the following questions about your **skill mastery.**

1. The course prepared me to successfully pass the skills session.
 a. Yes
 b. No
2. I am confident I can use the skills the course taught me.
 a. Yes
 b. No
 c. Not sure

3. I will respond in an emergency because of the skills I learned in this course.
 a. Yes
 b. No
 c. Not sure

4. I took this course to obtain professional education credit or continuing education credit.
 a. Yes
 b. No

Optional questions:

Have you previously taken this course via another method, such as in a classroom or online?
 Which learning method do you prefer and why?

American Red Cross
Classroom

Were there any strengths or weaknesses of the course that you would like to comment on?

no

What would you like to see in future courses developed by the AHA?

more equipment 1 per student

After Completing This Evaluation

Please return this evaluation to your Instructor before you leave the class.

Alternatively, you can send the evaluation to your Instructor's Training Center. Ask your Instructor for the contact information.

If you have significant problems or concerns with your course, please contact the AHA at 877-AHA-4CPR.

9A - 1:15 PM

EMPLOYEE SIGN-IN SHEET

Training/In-Service: CPI

Site: Lakeshore Southern Northern (please circle one)

Date: 5/16/19 Instructor Name: EVIE

Instructor Signature: Evie [Signature]

Employee Name

EMAIL
JIS or BSLS Employee

Employee Signature

Pass or Fail

1. ADELE KLOEFFER

1. adele.kloeffe@zoo

1. adele kloeffe

1. _____

2. Lynn Rogers

2. lynnrogers3535@gmail.com

2. Lynn Rogers

2. _____

3. Christl Desamps

3. j.m.miller@kcpk.net

3. [Signature]

3. _____

4. Maegan Koch

4. maegan8083@gmail.com

4. Maegan Koch

4. _____

5. Logan Petrovich

5. macbush@gmail.com

5. Logan

5. _____

6. Casey Haas

6. Haascaseykr@gmail.com

6. Casey Haas

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 **cpi** **Blue Card™**

Name: Lynn Rogers

has completed 4.25 hours of training in the
Nonviolent Crisis Intervention® training program.

Issued: 5/16/19 Units Completed: 1-10

Expires: 5/16/20 Instructor: Erdeyn N...

More learning opportunities
available via the CPI App for Apple®
and Android™ devices. Download
at crisisprevention.com/app.

NEEB046A

Nonviolent Crisis Intervention® Training Program
 Post-Test

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Name Lynn Rogers Date 5-16
 Organization _____
 Phone 394-0524 Email lynnrogers3535@gmail.com

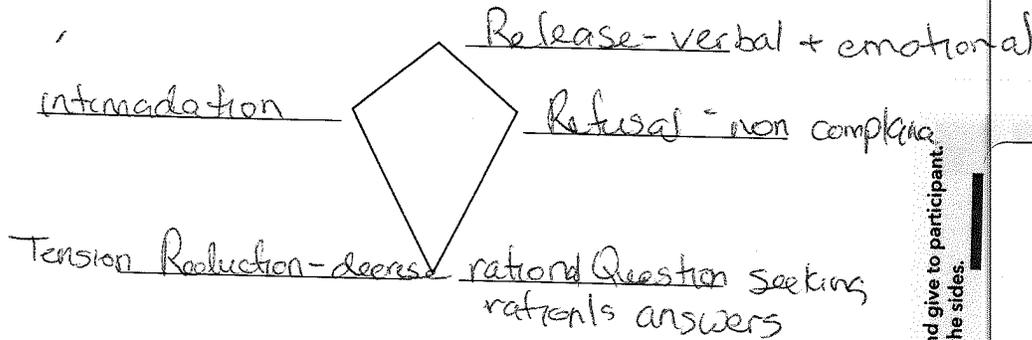
1. Complete the Crisis Development ModelSM.

Crisis Development/Behavior Levels	Staff Attitudes/Approaches
1. anxiety	1. Supportive
2. defence	2. directive
3. Risk behavior	3. physical intervention
4. Tension Reduction	4. Therapeutic Rapport

2. What is the value of learning the four levels and corresponding staff attitudes?

How to cope and deal with behaviors

3. Complete the Verbal Escalation ContinuumSM.



INSTRUCTOR: Remember to remove this card and give to participant. For easy removal of card, please pop card from the sides.

Continue on next page. ▶

Nonviolent Crisis Intervention® Training Program Participant Evaluation

Instructor's Initials _____

Please indicate your response to each of the following items by circling the number that most appropriately expresses your opinion, using a scale of 1 (strongly disagree) through 5 (strongly agree). 1 = strongly disagree; 2 = disagree; 3 = neither agree nor disagree; 4 = agree; 5 = strongly agree

Program Objectives:

As a result of completing this program, I believe that I have learned to:

Use nonverbal techniques to prevent risk behavior.
1 2 3 4 5

Implement verbal deceleration strategies, such as limit setting.
1 2 3 4 5

Make use of *Nonviolent Crisis Intervention*® physical intervention principles to avoid injury to all involved in a crisis situation.
1 2 3 4 5

Use safe physical intervention procedures as a last resort when a person is a danger to self or others.
1 2 3 4 5

Build Therapeutic Rapport with aggressive individuals after a crisis.
1 2 3 4 5

As a result of this program, I feel I have learned a great deal
of information that I can use at work and
in my personal life.

Additional comments on the program, teaching methods, course materials, and/or the Instructor:

Couple days I felt like there was too much
information, but for the most part it was
informative and interesting

From time to time, we use comments from program participants in our promotional materials. If you'd agree to allow us to share your comments, please give us permission by signing here: A. Rogers

Thank you for your input. It is both valuable and necessary in maintaining the quality of the program.

Instructor:

During the program, the Instructor:

Applied the course content to a variety of examples.
1 2 3 4 5

Stimulated interest in the subject matter.
1 2 3 4 5

Created an enjoyable learning atmosphere.
1 2 3 4 5

Emphasized the philosophy of *Care, Welfare, Safety, and Security*™.
1 2 3 4 5

Content: (1 = lowest; 5 = highest)

The program content was relevant to my needs.
1 2 3 4 5

How would you rate the program overall?
1 2 3 4 5